

# PAR cinquepuntozero

Data  
Gara

24/06/2023  
5 km

## Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
1	1	JAAFARI BADR		SM	1	ATL. CASONE NOCETO	ITA	00:14:20			
2	3	BELGHITI MUSTAFA'		SM	2	A.S.D. DINAMO SPORT	ITA	00:14:29		+10	
3	9	EL OTMANI SAID		SM	3	C.S. ESERCITO	ITA	00:14:35		+16	
4	4	SOFFIENTINI ANDREA		SM35	1	A.S.D. DINAMO SPORT	ITA	00:14:42		+22	
5	8	BEDIN CARLO LUCIANO		PM	1	TEAM-A LOMBARDIA	ITA	00:15:07		+48	
6	12	BARONCHELLI NATHAN		SM	4	DOCTORBIKE TEAM ASD	ITA	00:15:14		+55	
7	6	MORCHID MOHAMMED		SM	5	A.S.D. DINAMO SPORT	ITA	00:15:14		+55	
8	31	DE ANGELI FABIO		SM35	2	DAINI CARATE BRIANZA	ITA	00:15:34		+1:15	
9	11	SECCHIERO ANDREA GIACOMO		SM35	3	POLISPORTIVA MOVING S.S.D.	ITA	00:15:36		+1:16	
10	14	GRIFA MATTIA		PM	2	AZZURRA GARBAGNATE M.SE	ITA	00:15:39		+1:20	
11	10	WASSER GILLES		PM	3	ATLETICA P.A.R. CANEGRATE	ITA	00:15:45		+1:26	
12	35	TOFFANO SIMONE		SM40	1	AMATORI ATL. CASORATE S.	ITA	00:15:50		+1:31	
13	26	CAVAGNINI ALBERTO		SM35	4	C.S. S.ROCCHINO	ITA	00:15:51		+1:32	
14	29	GRAMENDOLA ANTONIO ALESSANDRO		SM	6	AZZURRA GARBAGNATE M.SE	ITA	00:15:56		+1:37	
15	152	HERRA MOHAMED		SM	7	RUN CARD	MAR	00:15:58		+1:39	
16	21	GIUDICI FABIO ANTONIO		SM35	5	ATL. ROVELLASCA	ITA	00:16:04		+1:45	
17	41	FINAZZI STEFANO		SM35	6	ASD TOP RUN	ITA	00:16:09		+1:50	
18	32	HERNIS GIUSEPPE		SM35	7	ASD AMICI DELLO SPORT	ITA	00:16:16		+1:56	
19	48	RAMPONI DARIO		SM	8	AZZURRA GARBAGNATE M.SE	ITA	00:16:19		+2:00	
20	40	CONSOLATI ALBERTO		SM	9	FREE-ZONE	ITA	00:16:20		+2:01	
21	156	EL ZAITONY OMAR		SM35	8	ATL. U.S. NERVIANESE 1919	ITA	00:16:22		+2:02	
22	39	MAGGIONI LORENZO		SM	10	DAINI CARATE BRIANZA	ITA	00:16:22		+2:03	
23	17	BUCCIGROSSI FABIO		SM55	1	SPORTS CLUB MELEGNANO	ITA	00:16:24		+2:05	
24	15	GALVANI MARTINO		PM	4	DAINI CARATE BRIANZA	ITA	00:16:25		+2:06	
25	79	BELLUCCO MARCO		SM40	2	SI-SPORT S.STEFANO	ITA	00:16:26		+2:07	
26	52	LANZANOVA MARCO		SM45	1	AZZURRA GARBAGNATE M.SE	ITA	00:16:30		+2:11	
27	30	GRILLO MASSIMILIANO		SM40	3	DK RUNNERS MILANO	ITA	00:16:32		+2:13	
28	F1	EPIS GIOVANNA		SF35	1	C.S. CARABINIERI SEZ.	ITA	00:16:32		+2:13	
29	43	SPOSATO ALESSIO		SM	11	ATL. U.S. NERVIANESE 1919	ITA	00:16:34		+2:15	
30	56	FILICE AMIR		SM	12	QT8-RUN	ITA	00:16:37		+2:17	
31	141	BELLAVIA FRANCESCO		SM35	9	G.S. BERNATESE	ITA	00:16:37		+2:18	
32	42	STELLA SILVIO		SM	13	U.S. SANGIORGESE	ITA	00:16:44		+2:25	
33	157	GHIglietti CRISTIAN		SM	14	POLISPORTIVA SANT'ADELE	ITA	00:16:48		+2:28	
34	36	PALMIERI FABIO STEFANO		SM45	2	ASD TAPASCIONE RUNNING	ITA	00:16:51		+2:32	
35	45	SEZZI EDOARDO		SM	15	DK RUNNERS MILANO	ITA	00:16:52		+2:33	
36	37	TETTAMANTI STEFANO		SM45	3	AZZURRA GARBAGNATE M.SE	ITA	00:16:53		+2:34	
37	20	PULEO FEDERICO GIOVANNI		JM	1	AZZURRA GARBAGNATE M.SE	ITA	00:17:00		+2:41	
38	33	VECCHIA MATTEO		SM	16	DK RUNNERS MILANO	ITA	00:17:05		+2:46	
39	38	RAVA' TOMMASO MARCO		SM45	4	DK RUNNERS MILANO	ITA	00:17:07		+2:48	
40	50	PACIONE DI BELLO JARNO		SM	17	POL. CIRCOLO GIOVANILE	ITA	00:17:20		+3:01	
41	57	VARNER LEONARDO		PM	5	C.S.S. LEONARDO DA VINCI	ITA	00:17:23		+3:04	
42	66	PIERMATTEO GENNARO		SM50	1	DAINI CARATE BRIANZA	ITA	00:17:25		+3:06	
43	F2	SOMMI GIULIA		SF35	2	CUS PRO PATRIA MILANO	ITA	00:17:29		+3:10	
44	106	CORNICIA ROBERTO		SM	18	STAR RUN	ITA	00:17:31		+3:12	
45	51	NIELI MAURIZIO		SM45	5	ATL. V.C.A. MILANO	ITA	00:17:33		+3:14	
46	53	LOSA MASSIMILIANO		SM50	2	POLISPORTIVA LOSA S.S.D.R.L.	ITA	00:17:35		+3:16	
47	F3	CASCAVILLA MARIA CHIARA		SF	1	C.S. AERONAUTICA MILITARE	ITA	00:17:36		+3:17	
48	64	GIANNONI NICOLA		SM45	6	ATL.UISP MARINA DI CARRARA	ITA	00:17:37		+3:17	
49	59	DIGESTO GIUSEPPE		SM45	7	AMATORI ATL. CASORATE S.	ITA	00:17:38		+3:19	
50	161	GIARETTA LUCA		SM35	10	NAVIGLIO RUNNING TEAM ASD	ITA	00:17:38		+3:19	
51	61	NASTASI ANTONELLO		SM40	4	LA MICHETTA	ITA	00:17:40		+3:21	
52	F4	VETTOR GIULIA		SF	2	C.U.S. PARMA	ITA	00:17:41		+3:22	
53	104	BORTOLUSSI CRISTIAN		SM	19	AZZURRA GARBAGNATE M.SE	ITA	00:17:41		+3:22	
54	58	MIGLIORATI ALBERTO		SM40	5	POLISPORTIVA G.B. VIGHENZI	ITA	00:17:44		+3:25	
55	68	NOVIELLO FRANCESCO		SM55	2	AZZURRA GARBAGNATE M.SE	ITA	00:17:53		+3:33	
56	147	SECCHI GIACOMO		AM	1	TEAM-A LOMBARDIA	ITA	00:17:54		+3:35	
57	F5	DURANTE FRANCESCA		SF45	1	ATL. CASONE NOCETO	ITA	00:17:57		+3:38	

# Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
58	77	TERRAGNI NICOLO'		SM	20	PRO SESTO ATL. CERNUSCO	ITA	00:17:59		+3:40	
59	82	BREGA SIMONE		JM	2	AZZURRA GARBAGNATE M.SE	ITA	00:18:02		+3:43	
60	153	MEDA ANDREA		SM	21	RUN CARD	ITA	00:18:05		+3:46	
61	F6	BONINO MATILDE		JF	1	ATL. STRONESE-NUOVA	ITA	00:18:07		+3:48	
62	70	LIGUORI VINCENZO		SM50	3	ROAD RUNNERS CLUB MILANO	ITA	00:18:08		+3:49	
63	13	MUNGIARDI MARCO		AM	2	AZZURRA GARBAGNATE M.SE	ITA	00:18:12		+3:53	
64	92	PAGANI ALESSANDRO		SM35	11	TOP TRAINING ASD	ITA	00:18:12		+3:53	
65	F9	SCABINI ROBERTA		SF45	2	RUNNING OLTREPO'	ITA	00:18:14		+3:55	
66	76	CICOGNA STEFANO		SM45	8	GPA GRUPPO PODISTICO	ITA	00:18:14		+3:55	
67	142	FORLEO TIZIANO		SM50	4	AMATORI ATL. CASORATE S.	ITA	00:18:16		+3:57	
68	74	BAILA ANGELO ALESSANDRO		SM50	5	AMATORI ATL. CASORATE S.	ITA	00:18:21		+4:02	
69	89	LASALA ENZO		SM35	12	AZZURRA GARBAGNATE M.SE	ITA	00:18:22		+4:03	
70	72	MONACIZZO SIMONE		SM	22	LA MICHETTA	ITA	00:18:23		+4:04	
71	87	RAIMONDI MARCO		SM40	6	TEAM 3 ESSE	ITA	00:18:26		+4:07	
72	154	ROTELLA CHRISTIAN		SM40	7	ATL. O.S.A. SARONNO LIB.	ITA	00:18:30		+4:11	
73	F10	SPALENZA DEBORA		SF	3	G.S. ORECCHIELLA	ITA	00:18:33		+4:14	
74	84	MARCELLINO SILVIO		SM40	8	RUNNERS DESIO	ITA	00:18:37		+4:18	
75	85	DANI DAVIDE		SM45	9	GRUPPO PODISTICO MELZO A.	ITA	00:18:38		+4:19	
76	60	DI PALMO FRANCESCO		SM50	6	ONDAVERDE ATHLETIC TEAM	ITA	00:18:39		+4:20	
77	83	SIMIONI STEFANO		SM40	9	AMATORI ATL. CASORATE S.	ITA	00:18:42		+4:23	
78	67	ADJETEY ADJEVI TETE THIERRY		SM	23	MISSULTEAM COMO ASD	TOG	00:18:46		+4:27	
79	F8	COPPA NICOLE		PF	1	BRACCO ATLETICA	ITA	00:18:50		+4:31	
80	63	OLIVA MAURO		SM50	7	DK RUNNERS MILANO	ITA	00:18:51		+4:32	
81	71	MUNNO VALENTINO		SM50	8	ASD TAPASCIONE RUNNING	ITA	00:18:54		+4:35	
82	F17	GIANCASPERO ANTONIA		SF35	3	DK RUNNERS MILANO	ITA	00:18:55		+4:35	
83	F16	ZUGNONI CINZIA		SF50	1	G.S. C.S.I. MORBEGNO	ITA	00:18:57		+4:38	
84	90	MELLI VITTORIO		SM	24	DK RUNNERS MILANO	ITA	00:18:58		+4:39	
85	F18	BRAMBILLA ALESSIA		SF35	4	CUS PRO PATRIA MILANO	ITA	00:18:59		+4:40	
86	160	PAZIENZA CARLO		SM35	13	ATL. V.C.A. MILANO	ITA	00:18:59		+4:40	
87	62	CANTU' MASSIMO		SM35	14	DK RUNNERS MILANO	ITA	00:19:00		+4:41	
88	81	SCARABELLO DAVIDE		SM55	3	ONDAVERDE ATHLETIC TEAM	ITA	00:19:05		+4:46	
89	91	CINI SIMONE		SM35	15	POL. CIRCOLO GIOVANILE	ITA	00:19:05		+4:46	
90	98	PATERLINI ANDREA		SM35	16	ALZAIA NAVIGLIO RUNNERS	ITA	00:19:06		+4:47	
91	F50	NASRI NADIA		SF35	5	QT8-RUN	ITA	00:19:06		+4:47	
92	109	ORIFIAMMA RICCARDO		SM40	10	AZZURRA GARBAGNATE M.SE	ITA	00:19:09		+4:50	
93	F19	ALETTI BEATRICE LUCIA MARIA ALETTI		SF	4	CUS INSUBRIA VARESE COMO	ITA	00:19:10		+4:51	
94	97	MICCOLI DIEGO		SM50	9	BRONTOLO BIKE ASD	ITA	00:19:16		+4:57	
95	144	CASTOLDI ANDREA		SM	25	ATL. CESANO MADERNO	ITA	00:19:17		+4:57	
96	94	RICCIARELLI RICCARDO		SM45	10	MARATHON CLUB CITTA' DI	ITA	00:19:18		+4:59	
97	73	PATRONAGGIO WILLIAM		SM	26	G.P. CODOGNO 82	ITA	00:19:19		+5:00	
98	78	BIUNDO SALVATORE		SM50	10	TEAM 3 ESSE	ITA	00:19:20		+5:01	
99	114	MORLACCHI CRISTIAN		SM50	11	U.S. S.VITTORE O. 1906	ITA	00:19:32		+5:13	
100	86	PANARIELLO MARIO		SM55	4	CARDATLETICA	ITA	00:19:38		+5:19	
101	163	CISSE MAMADOU		SM55	5	POLISPORTIVA MOVING S.S.D.	ITA	00:19:40		+5:21	
102	95	SUDATI ANDREA ROBERTO		SM50	12	CUS PRO PATRIA MILANO	ITA	00:19:40		+5:21	
103	111	ASCIONE SALVATORE		SM40	11	U.S. S.VITTORE O. 1906	ITA	00:19:43		+5:23	
104	F20	GALVANI MARA		SF	5	AZZURRA GARBAGNATE M.SE	ITA	00:19:43		+5:24	
105	101	DURANTE FABIO		SM50	13	GAV GRUPPO ATLETICA	ITA	00:19:48		+5:29	
106	75	DI GIOVINE ANTONIO		SM50	14	ASD ATLETICA TRECATE	ITA	00:19:50		+5:30	
107	117	MILAZZO GIANFRANCO		SM50	15	RUN CARD	ITA	00:19:50		+5:31	
108	88	MERCANDELLI STEFANO		SM55	6	P.B.M. BOVISIO MASCIAGO	ITA	00:19:55		+5:36	
109	100	MILAN MORENO		SM45	11	A.S.D. SECONDO MONA	ITA	00:20:00		+5:41	
110	162	FISCHETTI EMANUELE		SM45	12	RUNNERS LEGNANO SSD ARL	ITA	00:20:00		+5:41	
111	145	MALVESTITI DAVIDE GIUSEPPE		SM50	16	G.S.A. BRUGHERIO	ITA	00:20:01		+5:42	
112	110	RUSSO PIER FRANCESCO		SM45	13	RUNNER VARESE	ITA	00:20:08		+5:48	
113	107	BARBANTI SILVA PAOLO		SM50	17	ATL. PARABIAGO	ITA	00:20:09		+5:50	
114	99	SPOTTI DAVIDE		SM55	7	ATL. CESANO MADERNO	ITA	00:20:09		+5:50	
115	148	CARDINALI MAURO		SM55	8	TEAM ATTIVASALUTE ASD	ITA	00:20:09		+5:50	
116	F28	COMBI STEFANIA		SF40	1	ASD TAPASCIONE RUNNING	ITA	00:20:10		+5:51	
117	115	VINCIGUERRA FEDERICO		SM45	14	CORRERE OLTRE ASD	ITA	00:20:13		+5:54	
118	103	MALVESTITI FABIO ANTONIO		SM60	1	ATL. ARCISATE	ITA	00:20:14		+5:55	

# Generale

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
119	105	SISTI ALESSANDRO		SM50	18	RUN CARD	ITA	00:20:16		+5:57	
120	F21	CIMNAGHI MARTINA MARIA		PF	2	ATLETICA P.A.R. CANEGRATE	ITA	00:20:22		+6:03	
121	118	MAZZONI MARCO		SM45	15	G.S. C.S.I. MORBEGNO	ITA	00:20:26		+6:07	
122	159	MAZZEO MAURIZIO		SM50	19	ASD TAPASCIONE RUNNING	ITA	00:20:31		+6:12	
123	143	GEMMA ANDREA		SM40	12	VIRTUS GROANE	ITA	00:20:35		+6:16	
124	93	BIANCHI LUCA		SM60	2	S.CLUB LIB. SESTO	ITA	00:20:36		+6:16	
125	121	MURRU EMANUELE		SM50	20	AZZURRA GARBAGNATE M.SE	ITA	00:20:36		+6:17	
126	113	RICCI ENRICO ANDREA		SM50	21	ASD ORTICA TEAM MILANO	ITA	00:20:40		+6:21	
127	102	RABITTI UMBERTO		SM50	22	GAV GRUPPO ATLETICA	ITA	00:20:42		+6:23	
128	96	NAVA ROBERTO		SM45	16	DK RUNNERS MILANO	ITA	00:20:45		+6:25	
129	124	ALESA SALVATORE		SM45	17	CORRERE OLTRE ASD	ITA	00:20:49		+6:30	
130	158	MEZA VINICIO		SM55	9	RUN CARD	ITA	00:20:50		+6:31	
131	146	DE PRA' FABRIZIO		SM	27	RUNNING SARONNO	ITA	00:21:14		+6:55	
132	F32	FRASSON TIZIANA		SF40	2	ASD BUMBASINA RUN	ITA	00:21:16		+6:57	
133	F27	DI PALMO VALENTINA		SF	6	ONDAVERDE ATHLETIC TEAM	ITA	00:21:20		+7:01	
134	F24	MAFFETTI LAURA		SF	7	LYKOS TRIATHLON TEAM ASD	ITA	00:21:22		+7:03	
135	F33	VACCARO VALENTINA		SF35	6	DK RUNNERS MILANO	ITA	00:21:23		+7:04	
136	122	MARINONI ALESSANDRO		SM45	18	ATL. U.S. NERVIANESE 1919	ITA	00:21:29		+7:10	
137	F29	IANNELLO ANNA MARIA		SF45	3	P&C PODISMOECAZZEGGIO	ITA	00:21:31		+7:12	
138	116	ROMANINI MICHELE		SM60	3	U.S. SANGIORGESE	ITA	00:21:36		+7:16	
139	F35	MARCHESINI VITTORIA		SF	8	ATL. INSIEME VERONA	ITA	00:21:36		+7:17	
140	F38	ORSINI ILARIA		SF45	4	ASD GRUPPO PODISTICO	ITA	00:21:42		+7:23	
141	120	FACENTE FRANCESCO		SM35	17	RUNNERS DESIO	ITA	00:21:44		+7:25	
142	112	ZENABONI MASSIMO		SM50	23	DK RUNNERS MILANO	ITA	00:22:05		+7:46	
143	F31	MARTIGNAGO ORIANA		SF60	1	AZZURRA GARBAGNATE M.SE	ITA	00:22:17		+7:58	
144	125	VINCIGUERRA GIUSEPPE		SM55	10	CORRERE OLTRE ASD	ITA	00:22:20		+8:01	
145	F49	MARSEGLIA FRANCESCA		SF	9	ATHLON RUNNERS	ITA	00:22:21		+8:02	
146	F34	URSO ARABELLA		SF	10	DK RUNNERS MILANO	ITA	00:22:22		+8:03	
147	138	RESELLI ALESSANDRO		SM55	11	G.S. MONTESTELLA	ITA	00:22:22		+8:03	
148	155	NEZOSI GIOCONDO		SM70	1	ATL. PARATICO	ITA	00:22:24		+8:05	
149	F30	DEL VECCHIO ROSANNA		SF40	3	AZZURRA GARBAGNATE M.SE	ITA	00:22:25		+8:06	
150	F39	CARDAZZO SILVIA		SF55	1	AZZURRA GARBAGNATE M.SE	ITA	00:22:38		+8:19	
151	F40	PATTANO CRISTINA		SF	11	MARATHON TEAM BG	ITA	00:22:48		+8:29	
152	F42	CARUSO FRANCESCA MORENA		SF35	7	A.S.D. PODISTICA MESSINA	ITA	00:22:49		+8:30	
153	F36	RAINERI SARA MARIA LUISA		SF45	5	DAINI CARATE BRIANZA	ITA	00:22:52		+8:33	
154	F41	RAIMONDO SABRINA		SF35	8	POL. CIRCOLO GIOVANILE	ITA	00:23:02		+8:43	
155	128	ARIAZZI ENIO		SM70	2	UNIONE SPORTIVA ALBATESE	ITA	00:23:05		+8:46	
156	135	ARDOINO GIULIANO		SM50	24	SEZ. ATL. ORATORIO	ITA	00:23:24		+9:05	
157	126	DE GIACOMO GIOVANNI		SM55	12	VERDE PISELLO GROUP	ITA	00:23:26		+9:07	
158	130	PODLESNIK CLAUDIO		SM50	25	OPERA RUNNERS A.S.D.	ITA	00:23:28		+9:09	
159	129	TORELLI ROBERTO		SM40	13	CUS PRO PATRIA MILANO	ITA	00:23:30		+9:11	
160	151	DE SALVE DAVIDE GIUSEPPE		SM55	13	P&C PODISMOECAZZEGGIO	ITA	00:23:32		+9:13	
161	127	CONFALONIERI MARIO		SM65	1	2002 MARATHON CLUB	ITA	00:23:41		+9:22	
162	150	RAIMONDI MARCO		SM50	26	G.A.P. SARONNO	ITA	00:23:47		+9:28	
163	132	DI CIANCIA ANDREA		SM50	27	RUN CARD	ITA	00:23:51		+9:31	
164	131	PARACHINI FABIO		SM55	14	ASD TAPASCIONE RUNNING	ITA	00:24:12		+9:52	
165	133	PATTANO LUCA		SM40	14	MARATHON TEAM BG	ITA	00:24:29		+10:10	
166	7	COLOMBO ALESSANDRO		SM50	28	ATLETICA P.A.R. CANEGRATE	ITA	00:24:41		+10:22	
167	137	BENEDEUCE TIZIANO CELESTINO		SM60	4	G.S. MONTESTELLA	ITA	00:24:52		+10:33	
168	134	CALAMONICI RAFFAELE		SM65	2	AZZURRA GARBAGNATE M.SE	ITA	00:25:12		+10:53	
169	136	FITTAVOLINI ANDREA		SM40	15	RUN CARD	ITA	00:26:10		+11:51	
170	F43	MANTOVANI FIORELLA		SF55	2	ONDAVERDE ATHLETIC TEAM	ITA	00:26:50		+12:31	
171	F44	DEL MAFFEO ELIANA		SF65	1	2002 MARATHON CLUB	ITA	00:27:14		+12:55	
172	F46	FUSCO RITA		SF55	3	G.S. MONTESTELLA	ITA	00:27:18		+12:59	
173	119	FIORETTI NATALE		PM	6	DAINI CARATE BRIANZA	ITA	00:27:57		+13:38	
174	F45	MORABITO NUNZIATA		SF50	2	AZZURRA GARBAGNATE M.SE	ITA	00:28:06		+13:46	
175	139	LARATTA LEONARDO		SM70	3	G.S. MONTESTELLA	ITA	00:30:32		+16:13	
176	28	DI ROCCO ADOLFO VIRGINIO		SM80	1	S.S. LAZIO ATLETICA LEGGERA	ITA	00:31:27		+17:08	