

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA
Classifica Assoluta

Pos	Team	Laps	Distance	Speed	Time
1	Delta Spedizioni	238	95200	3.47	06:00:47.550
2	Atletica Levante - 1	223	89200	4.02	06:00:13.302
3	Citta di Genova - 3	207	82800	4.21	06:00:51.801
4	Citta di Genova - 2	207	82800	4.21	06:01:15.043
5	Maratoneti Tigullio - 1	200	80000	4.31	06:01:45.790
6	Atletica Levante - 2	197	78800	4.34	06:00:03.302
7	Maratoneti Tigullio - 2	186	74400	4.50	06:00:11.062
8	Zena Runners	186	74400	4.51	06:00:51.564
9	Atletica Levante - 3	184	73600	4.54	06:01:09.294
10	CUG	177	70800	5.05	06:00:08.802
11	Maratoneti Tigullio - 3	176	70400	5.07	06:00:31.301
12	Citta di Genova - 1	156	62400	5.30	06:00:31.687

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA
Classifica Maschile

Pos	Team	Laps	Distance	Speed	Time
1	Delta Spedizioni	238	95200	3.47	06:00:47.550
2	Atletica Levante - 1	223	89200	4.02	06:00:13.302
3	Citta di Genova - 3	207	82800	4.21	06:00:51.801
4	Maratoneti Tigullio - 1	200	80000	4.31	06:01:45.790
5	Atletica Levante - 2	197	78800	4.34	06:00:03.302
6	Maratoneti Tigullio - 2	186	74400	4.50	06:00:11.062
7	Citta di Genova - 1	156	62400	5.30	06:00:31.687

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA
Classifica Categoria Femminile

Pos	Team	Laps	Distance	Speed	Time
1	Atletica Levante - 3	184	73600	4.54	06:01:09.294
2	Maratoneti Tigullio - 3	176	70400	5.07	06:00:31.301

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA
Classifica Mista

Pos	Team	Laps	Distance	Speed	Time
1	Citta di Genova - 2	207	82800	4.21	06:01:15.043
2	Zena Runners	186	74400	4.51	06:00:51.564
3	CUG	177	70800	5.05	06:00:08.802

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Delta Spedizioni

Name: Rity Mohamed

Fraction: 11

#	Lap Time	Speed	Time
1	00:01:22.994	3.27	15:09:01.714
2	00:01:20.245	3.24	15:10:21.959
3	00:01:21.994	3.24	15:11:43.953
4	00:01:21.744	3.24	15:13:05.697
5	00:01:21.995	3.24	15:14:27.692
6	00:01:22.744	3.24	15:15:50.436
7	00:01:31.241	3.28	15:17:21.677
8	00:01:21.152	3.27	15:18:42.829
9	00:01:22.837	3.27	15:20:05.666
10	00:01:22.994	3.27	15:21:28.660
11	00:01:22.983	3.27	15:22:51.643
12	00:01:23.744	3.27	15:24:15.387
13	00:01:23.743	3.27	15:25:39.130
14	00:01:23.493	3.27	15:27:02.623
15	00:01:24.484	3.28	15:28:27.107
16	00:01:23.993	3.28	15:29:51.100
17	00:01:25.002	3.28	15:31:16.102
18	00:01:24.482	3.28	15:32:40.584
19	00:01:23.991	3.28	15:34:04.575
20	00:01:24.742	3.28	15:35:29.317
21	00:01:25.242	3.29	15:36:54.559
22	00:01:24.656	3.29	15:38:19.215
23	00:01:25.829	3.29	15:39:45.044
24	00:01:24.992	3.29	15:41:10.036
25	00:01:24.492	3.29	15:42:34.528
26	00:01:23.992	3.29	15:43:58.520
27	00:01:22.493	3.29	15:45:21.013
28	00:01:22.742	3.29	15:46:43.755
29	00:01:23.743	3.29	15:48:07.498
30	00:01:24.501	3.29	15:49:31.999

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

31	00:01:24.982	3.29	15:50:56.981
32	00:01:24.743	3.29	15:52:21.724
33	00:01:24.253	3.29	15:53:45.977
34	00:01:24.997	3.29	15:55:10.974
35	00:01:25.739	3.29	15:56:36.713
36	00:01:25.493	3.29	15:58:02.206
37	00:01:25.738	3.30	15:59:27.944
38	00:01:24.743	3.30	16:00:52.687
39	00:01:25.742	3.30	16:02:18.429
40	00:01:24.992	3.30	16:03:43.421
41	00:01:25.264	3.30	16:05:08.685
42	00:01:25.245	3.30	16:06:33.930
43	00:01:22.993	3.30	16:07:56.923
44	00:01:17.745	3.29	16:09:14.668

Laps: 44

Distance: 17600

Tot. Time: 01:01:35.948

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Maratoneti Tigullio - 1

Name: Pasquale

Fraction: 2

#	Lap Time	Speed	Time
1	00:01:57.575	5.23	11:09:36.543
2	00:01:35.804	3.59	11:10:02.922
3	00:01:31.993	4.09	11:11:34.915
4	00:01:34.492	4.13	11:13:21.407
5	00:01:37.241	4.15	11:15:08.648
6	00:01:30.743	4.15	11:16:46.391
7	00:01:43.493	4.16	11:18:12.884
8	00:01:43.743	4.16	11:19:55.627
9	00:01:42.990	4.16	11:21:08.617
10	00:01:44.242	4.17	11:22:52.859
11	00:01:45.493	4.17	11:24:38.352
12	00:01:44.489	4.18	11:26:22.841
13	00:01:42.487	4.17	11:28:05.328
14	00:01:43.002	4.17	11:30:48.330
15	00:01:42.983	4.17	11:32:31.313
16	00:01:41.739	4.17	11:34:13.052
17	00:01:30.493	4.15	11:35:48.545
18	00:01:40.742	4.15	11:37:36.287
19	00:01:41.736	4.16	11:39:21.023
20	00:01:35.503	4.15	11:40:58.526
21	00:01:33.732	4.15	11:42:40.258
22	00:01:33.236	4.14	11:44:33.494
23	00:01:38.993	4.14	11:46:11.487
24	00:01:36.742	4.13	11:47:53.229
25	00:01:40.240	4.14	11:49:39.469
26	00:01:41.241	4.14	11:51:23.710
27	00:01:42.993	4.15	11:53:10.703
28	00:01:38.008	4.14	11:54:46.711
29	00:01:39.743	4.14	11:56:31.454
30	00:01:37.744	4.13	11:58:11.198
31	00:01:39.493	4.13	11:59:55.691

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

32	00:01:43.244	4.14	12:01:42.935
33	00:01:42.994	4.14	12:03:25.929
34	00:01:42.994	4.15	12:05:08.923
35	00:01:43.994	4.15	12:06:52.917
36	00:01:43.944	4.15	12:08:25.939
37	00:01:44.789	4.15	12:09:08.947
38	00:01:43.979	4.14	12:10:52.952

Laps: 38

Distance: 15200

Tot. Time: 01:01:42.575

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Citta di Genova - 1

Name: Musella

Fraction: 3

#	Lap Time	Speed	Time
1	00:01:49.254	4.33	11:09:00.420
2	00:01:40.743	4.22	11:10:41.163
3	00:01:45.233	4.22	11:12:26.396
4	00:01:43.743	4.21	11:14:10.139
5	00:01:42.744	4.20	11:15:52.883
6	00:01:42.744	4.20	11:17:35.627
7	00:01:43.745	4.20	11:19:19.372
8	00:01:43.492	4.19	11:21:02.864
9	00:01:44.993	4.20	11:22:47.857
10	00:01:44.493	4.20	11:24:32.350
11	00:01:44.742	4.20	11:26:17.092
12	00:01:45.493	4.20	11:28:02.585
13	00:01:44.244	4.20	11:29:46.829
14	00:01:44.745	4.20	11:31:31.574
15	00:01:44.493	4.20	11:33:16.067
16	00:01:44.493	4.20	11:35:00.560
17	00:01:45.003	4.20	11:36:45.563
18	00:01:45.494	4.21	11:38:31.057
19	00:01:45.745	4.21	11:40:16.802
20	00:01:43.746	4.21	11:42:00.548
21	00:01:42.243	4.20	11:43:42.791
22	00:01:43.244	4.20	11:45:26.035
23	00:01:43.245	4.20	11:47:09.280
24	00:01:44.744	4.20	11:48:54.024
25	00:01:45.244	4.20	11:50:39.268
26	00:01:44.745	4.20	11:52:24.013
27	00:01:43.754	4.20	11:54:07.767
28	00:01:42.985	4.20	11:55:50.752
29	00:01:45.247	4.20	11:57:35.999
30	00:01:44.995	4.20	11:59:20.994
31	00:01:43.744	4.20	12:01:04.738

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

32	00:01:45.005	4.20	12:02:49.743
33	00:01:44.237	4.20	12:04:33.980
34	00:01:45.493	4.20	12:06:19.473
35	00:01:40.243	4.20	12:07:59.716
36	00:02:13.497	4.22	12:10:13.213

Laps: 36

Distance: 14400

Tot. Time: 01:03:02.047

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Maratoneti Tigullio - 1

Name: Fornacca

Fraction: 1

#	Lap Time	Speed	Time
1	00:01:35.804	3.59	10:10:02.922
2	00:01:43.993	4.09	10:11:46.915
3	00:01:44.492	4.13	10:13:31.407
4	00:01:44.241	4.15	10:15:15.648
5	00:01:42.743	4.15	10:16:58.391
6	00:01:43.493	4.16	10:18:41.884
7	00:01:43.743	4.16	10:20:25.627
8	00:01:42.990	4.16	10:22:08.617
9	00:01:44.242	4.17	10:23:52.859
10	00:01:45.493	4.17	10:25:38.352
11	00:01:44.489	4.18	10:27:22.841
12	00:01:42.487	4.17	10:29:05.328
13	00:01:43.002	4.17	10:30:48.330
14	00:01:42.983	4.17	10:32:31.313
15	00:01:41.739	4.17	10:34:13.052
16	00:01:42.493	4.17	10:35:55.545
17	00:01:43.742	4.17	10:37:39.287
18	00:01:43.736	4.17	10:39:23.023
19	00:01:43.503	4.17	10:41:06.526
20	00:01:43.732	4.17	10:42:50.258
21	00:01:43.236	4.17	10:44:33.494
22	00:01:42.993	4.17	10:46:16.487
23	00:01:42.742	4.17	10:47:59.229
24	00:01:43.240	4.17	10:49:42.469
25	00:01:44.241	4.17	10:51:26.710
26	00:01:42.993	4.17	10:53:09.703
27	00:01:42.008	4.17	10:54:51.711
28	00:01:41.743	4.17	10:56:33.454
29	00:01:42.744	4.17	10:58:16.198
30	00:01:43.493	4.17	10:59:59.691
31	00:01:43.244	4.17	11:01:42.935

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

32	00:01:42.994	4.17	11:03:25.929
33	00:01:42.994	4.17	11:05:08.923
34	00:01:43.994	4.17	11:06:52.917

Laps: 34

Distance: 13600

Tot. Time: 00:58:25.799

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Maratoneti Tigullio - 1

Name: Raffo

Fraction: 4

#	Lap Time	Speed	Time
1	00:01:52.233	4.40	13:10:05.241
2	00:01:40.244	4.25	13:11:45.485
3	00:01:41.744	4.21	13:13:27.229
4	00:01:41.494	4.19	13:15:08.723
5	00:01:40.693	4.18	13:16:49.416
6	00:01:41.547	4.17	13:18:30.963
7	00:01:42.487	4.17	13:20:13.450
8	00:01:42.488	4.17	13:21:55.938
9	00:01:43.741	4.17	13:23:39.679
10	00:01:43.241	4.17	13:25:22.920
11	00:01:44.496	4.17	13:27:07.416
12	00:01:44.242	4.18	13:28:51.658
13	00:01:44.002	4.18	13:30:35.660
14	00:01:43.727	4.18	13:32:19.387
15	00:01:43.740	4.18	13:34:03.127
16	00:01:43.741	4.18	13:35:46.868
17	00:01:43.258	4.18	13:37:30.126
18	00:01:45.991	4.18	13:39:16.117
19	00:01:45.743	4.19	13:41:01.860
20	00:01:45.253	4.19	13:42:47.113
21	00:01:45.745	4.19	13:44:32.858
22	00:01:47.494	4.19	13:46:20.352
23	00:01:46.995	4.20	13:48:07.347
24	00:01:42.993	4.20	13:49:50.340
25	00:01:46.995	4.20	13:51:37.335
26	00:01:46.494	4.20	13:53:23.829
27	00:01:46.745	4.20	13:55:10.574
28	00:01:45.743	4.21	13:56:56.317
29	00:01:44.744	4.21	13:58:41.061
30	00:00:48.294	4.20	14:00:25.055
31	00:01:45.742	4.20	14:02:10.797

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

32	00:01:47.221	4.21	14:03:58.018
33	00:01:46.742	4.21	14:05:44.760
34	00:01:45.991	4.21	14:07:30.751

Laps: 34

Distance: 13600

Tot. Time: 00:58:22.043

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Maratoneti Tigullio - 1

Name: Risetto

Fraction: 6

#	Lap Time	Speed	Time
1	00:01:46.493	4.26	15:08:53.465
2	00:01:44.253	4.23	15:10:37.718
3	00:01:50.482	4.27	15:12:28.200
4	00:01:46.742	4.27	15:14:14.942
5	00:01:50.243	4.29	15:16:05.185
6	00:01:51.490	4.30	15:17:56.675
7	00:01:50.993	4.31	15:19:47.668
8	00:01:49.991	4.32	15:21:37.659
9	00:01:51.981	4.32	15:23:29.640
10	00:01:55.242	4.34	15:25:24.882
11	00:01:53.240	4.35	15:27:18.122
12	00:01:53.731	4.36	15:29:11.853
13	00:01:54.240	4.36	15:31:06.093
14	00:01:55.242	4.37	15:33:01.335
15	00:01:56.485	4.38	15:34:57.820
16	00:01:53.490	4.38	15:36:51.310
17	00:01:54.989	4.39	15:38:46.299
18	00:01:54.991	4.39	15:40:41.290
19	00:01:51.238	4.39	15:42:32.528
20	00:01:53.990	4.39	15:44:26.518
21	00:01:51.990	4.39	15:46:18.508
22	00:01:51.739	4.39	15:48:10.247
23	00:01:52.489	4.39	15:50:02.736
24	00:01:49.490	4.39	15:51:52.226
25	00:01:50.000	4.39	15:53:42.226
26	00:01:47.993	4.39	15:55:30.219
27	00:01:48.492	4.38	15:57:18.711
28	00:01:50.489	4.38	15:59:09.200
29	00:01:48.986	4.38	16:00:58.186
30	00:01:50.240	4.38	16:02:48.426
31	00:01:53.261	4.38	16:04:41.687

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

32	00:01:53.241	4.38	16:06:34.928
33	00:01:51.243	4.38	16:08:26.171
34	00:01:46.737	4.38	16:10:12.908

Laps: 34

Distance: 13600

Tot. Time: 01:03:05.936

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Maratoneti Tigullio - 2

Name: Risetto

Fraction: 3

#	Lap Time	Speed	Time
1	00:01:58.483	4.56	11:39:20.554
2	00:01:45.995	4.40	11:41:06.549
3	00:01:48.494	4.37	11:42:55.043
4	00:01:47.996	4.35	11:44:43.039
5	00:01:49.992	4.35	11:46:33.031
6	00:01:50.245	4.35	11:48:23.276
7	00:01:49.244	4.35	11:50:12.520
8	00:01:47.244	4.34	11:51:59.764
9	00:01:47.994	4.33	11:53:47.758
10	00:01:51.254	4.34	11:55:39.012
11	00:01:51.247	4.34	11:57:30.259
12	00:01:52.984	4.35	11:59:23.243
13	00:01:52.245	4.35	12:01:15.488
14	00:01:51.994	4.35	12:03:07.482
15	00:01:50.495	4.35	12:04:57.977
16	00:01:51.994	4.36	12:06:49.971
17	00:01:49.993	4.36	12:08:39.964
18	00:01:49.495	4.36	12:10:29.459
19	00:01:48.994	4.35	12:12:18.453
20	00:01:48.743	4.35	12:14:07.196
21	00:01:49.994	4.35	12:15:57.190
22	00:01:49.755	4.35	12:17:46.945
23	00:01:47.977	4.35	12:19:34.922
24	00:01:49.743	4.35	12:21:24.665
25	00:01:51.493	4.35	12:23:16.158
26	00:01:48.494	4.35	12:25:04.652
27	00:01:51.743	4.35	12:26:56.395
28	00:01:52.493	4.35	12:28:48.888
29	00:01:52.243	4.35	12:30:41.131
30	00:01:53.493	4.36	12:32:34.624
31	00:01:45.244	4.35	12:34:19.868

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

32	00:01:50.493	4.35	12:36:10.361
33	00:01:53.492	4.35	12:38:03.853

Laps: 33

Distance: 13200

Tot. Time: 01:00:41.782

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Maratoneti Tigullio - 3

Name: Capelloni

Fraction: 9

#	Lap Time	Speed	Time
1	00:02:31.239	6.18	15:08:37.966
2	00:01:51.243	5.28	15:10:29.209
3	00:01:57.991	5.17	15:12:27.200
4	00:01:55.742	5.10	15:14:22.942
5	00:01:55.741	5.05	15:16:18.683
6	00:01:56.241	5.03	15:18:14.924
7	00:01:56.495	5.01	15:20:11.419
8	00:01:55.482	5.00	15:22:06.901
9	00:01:55.487	4.58	15:24:02.388
10	00:01:54.740	4.57	15:25:57.128
11	00:01:57.233	4.57	15:27:54.361
12	00:01:57.239	4.56	15:29:51.600
13	00:01:54.992	4.56	15:31:46.592
14	00:01:53.985	4.55	15:33:40.577
15	00:01:56.989	4.55	15:35:37.566
16	00:01:57.000	4.54	15:37:34.566
17	00:01:56.729	4.54	15:39:31.295
18	00:01:57.239	4.54	15:41:28.534
19	00:01:56.489	4.54	15:43:25.023
20	00:01:56.241	4.54	15:45:21.264
21	00:01:57.238	4.54	15:47:18.502
22	00:01:57.239	4.54	15:49:15.741
23	00:01:58.239	4.54	15:51:13.980
24	00:01:58.239	4.54	15:53:12.219
25	00:01:58.503	4.54	15:55:10.722
26	00:01:58.988	4.54	15:57:09.710
27	00:01:58.986	4.54	15:59:08.696
28	00:02:01.249	4.54	16:01:09.945
29	00:01:58.989	4.55	16:03:08.934
30	00:01:58.501	4.55	16:05:07.435
31	00:01:59.241	4.55	16:07:06.676

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

32	00:01:51.743	4.54	16:08:58.419
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Laps: 32

Distance: 12800

Tot. Time: 01:02:51.692

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Maratoneti Tigullio - 1

Name: Pezzi

Fraction: 5

#	Lap Time	Speed	Time
1	00:01:38.232	4.05	14:09:08.983
2	00:01:43.492	4.12	14:10:52.475
3	00:01:53.738	4.22	14:12:46.213
4	00:01:55.491	4.29	14:14:41.704
5	00:01:56.491	4.33	14:16:38.195
6	00:01:57.488	4.37	14:18:35.683
7	00:01:55.999	4.38	14:20:31.682
8	00:01:58.491	4.41	14:22:30.173
9	00:02:01.491	4.43	14:24:31.664
10	00:01:58.496	4.44	14:26:30.160
11	00:01:59.491	4.46	14:28:29.651
12	00:01:55.491	4.46	14:30:25.142
13	00:02:01.991	4.47	14:32:27.133
14	00:02:01.991	4.48	14:34:29.124
15	00:02:02.741	4.50	14:36:31.865
16	00:02:05.243	4.51	14:38:37.108
17	00:02:02.489	4.52	14:40:39.597
18	00:01:59.740	4.52	14:42:39.337
19	00:02:04.241	4.53	14:44:43.578
20	00:02:00.491	4.54	14:46:44.069
21	00:02:03.489	4.54	14:48:47.558
22	00:01:59.991	4.55	14:50:47.549
23	00:02:01.240	4.55	14:52:48.789
24	00:02:04.240	4.56	14:54:53.029
25	00:02:03.740	4.56	14:56:56.769
26	00:02:05.241	4.57	14:59:02.010
27	00:02:04.990	4.57	15:01:07.000
28	00:02:00.740	4.57	15:03:07.740
29	00:01:59.741	4.57	15:05:07.481
30	00:01:59.491	4.58	15:07:06.972

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

Laps: 30

Distance: 12000

Tot. Time: 00:59:36.221

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Maratoneti Tigullio - 1

Name: Cella

Fraction: 3

#	Lap Time	Speed	Time
1	00:01:22.667	3.26	12:11:11.210
2	00:02:02.251	4.16	12:13:13.461
3	00:01:57.482	4.28	12:15:10.943
4	00:01:53.994	4.32	12:17:04.937
5	00:01:55.237	4.35	12:19:00.174
6	00:01:57.003	4.38	12:20:57.177
7	00:01:55.733	4.40	12:22:52.910
8	00:01:55.493	4.41	12:24:48.403
9	00:01:58.252	4.42	12:26:46.655
10	00:01:56.483	4.43	12:28:43.138
11	00:01:56.993	4.44	12:30:40.131
12	00:01:57.745	4.45	12:32:37.876
13	00:01:58.491	4.46	12:34:36.367
14	00:01:58.992	4.46	12:36:35.359
15	00:01:57.743	4.47	12:38:33.102
16	00:02:00.483	4.48	12:40:33.585
17	00:01:58.492	4.48	12:42:32.077
18	00:01:57.241	4.48	12:44:29.318
19	00:01:58.242	4.49	12:46:27.560
20	00:01:58.491	4.49	12:48:26.051
21	00:02:02.003	4.50	12:50:28.054
22	00:01:58.742	4.50	12:52:26.796
23	00:01:59.243	4.51	12:54:26.039
24	00:01:58.750	4.51	12:56:24.789
25	00:01:56.745	4.51	12:58:21.534
26	00:01:56.742	4.51	13:00:18.276
27	00:02:02.491	4.51	13:02:20.767
28	00:01:59.993	4.52	13:04:20.760
29	00:01:59.503	4.52	13:06:20.263
30	00:01:52.745	4.52	13:08:13.008

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

Laps: 30

Distance: 12000

Tot. Time: 00:58:24.465

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Maratoneti Tigullio - 3

Name: Bacigalupo

Fraction: 6

#	Lap Time	Speed	Time
1	00:02:03.993	5.09	13:08:45.995
2	00:01:50.994	4.53	13:10:36.989
3	00:01:57.494	4.53	13:12:34.483
4	00:01:56.993	4.53	13:14:31.476
5	00:01:59.242	4.54	13:16:30.718
6	00:01:59.490	4.55	13:18:30.208
7	00:01:59.741	4.55	13:20:29.949
8	00:02:01.485	4.56	13:22:31.434
9	00:01:58.990	4.56	13:24:30.424
10	00:02:02.491	4.57	13:26:32.915
11	00:02:00.996	4.58	13:28:33.911
12	00:01:59.928	4.58	13:30:33.839
13	00:02:03.045	4.59	13:32:36.884
14	00:02:00.740	4.59	13:34:37.624
15	00:02:03.490	4.59	13:36:41.114
16	00:02:01.256	5.00	13:38:42.370
17	00:02:02.241	5.00	13:40:44.611
18	00:02:03.006	5.00	13:42:47.617
19	00:02:03.240	5.01	13:44:50.857
20	00:02:04.004	5.01	13:46:54.861
21	00:02:02.232	5.01	13:48:57.093
22	00:02:05.493	5.02	13:51:02.586
23	00:02:05.744	5.02	13:53:08.330
24	00:02:04.993	5.03	13:55:13.323
25	00:02:04.493	5.03	13:57:17.816
26	00:02:04.243	5.03	13:59:22.059
27	00:02:04.741	5.04	14:01:26.800
28	00:02:03.227	5.04	14:03:30.027
29	00:02:05.483	5.04	14:05:35.510
30	00:02:05.239	5.04	14:07:40.749

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

Laps: 30

Distance: 12000

Tot. Time: 01:00:58.747

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Maratoneti Tigullio - 2

Name: Medone

Fraction: 1

#	Lap Time	Speed	Time
1	00:01:41.053	4.12	10:10:08.171
2	00:01:59.491	4.35	10:12:07.662
3	00:01:57.996	4.42	10:14:05.658
4	00:01:58.486	4.45	10:16:04.144
5	00:01:58.241	4.47	10:18:02.385
6	00:01:59.991	4.49	10:20:02.376
7	00:01:58.241	4.50	10:22:00.617
8	00:02:00.002	4.51	10:24:00.619
9	00:02:00.230	4.52	10:26:00.849
10	00:01:57.734	4.52	10:27:58.583
11	00:01:56.741	4.52	10:29:55.324
12	00:01:59.241	4.53	10:31:54.565
13	00:01:59.240	4.53	10:33:53.805
14	00:01:58.490	4.53	10:35:52.295
15	00:01:59.741	4.54	10:37:52.036
16	00:02:01.485	4.54	10:39:53.521
17	00:02:00.991	4.55	10:41:54.512
18	00:01:59.985	4.55	10:43:54.497
19	00:02:00.751	4.55	10:45:55.248
20	00:01:59.731	4.55	10:47:54.979
21	00:01:58.739	4.56	10:49:53.718
22	00:02:02.750	4.56	10:51:56.468
23	00:02:01.731	4.56	10:53:58.199
24	00:02:09.506	4.57	10:56:07.705
25	00:02:01.993	4.58	10:58:09.698
26	00:02:01.493	4.58	11:00:11.191
27	00:02:02.992	4.58	11:02:14.183
28	00:02:03.243	4.59	11:04:17.426
29	00:02:01.744	4.59	11:06:19.170
30	00:02:01.244	4.59	11:08:20.414

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

Laps: 30

Distance: 12000

Tot. Time: 00:59:53.296

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Maratoneti Tigullio - 3

Name: Podesta

Fraction: 4

#	Lap Time	Speed	Time
1	00:01:50.985	4.37	11:40:07.052
2	00:01:54.246	4.41	11:42:01.298
3	00:01:58.992	4.46	11:44:00.290
4	00:02:00.243	4.50	11:46:00.533
5	00:02:00.994	4.52	11:48:01.527
6	00:02:02.994	4.55	11:50:04.521
7	00:02:00.754	4.56	11:52:05.275
8	00:02:00.233	4.56	11:54:05.508
9	00:02:00.497	4.57	11:56:06.005
10	00:01:59.999	4.57	11:58:06.004
11	00:02:00.987	4.57	12:00:06.991
12	00:02:00.498	4.58	12:02:07.489
13	00:02:01.990	4.58	12:04:09.479
14	00:02:04.494	4.59	12:06:13.973
15	00:02:04.992	5.00	12:08:18.965
16	00:02:01.998	5.00	12:10:20.963
17	00:02:01.241	5.00	12:12:22.204
18	00:02:05.991	5.01	12:14:28.195
19	00:02:05.495	5.02	12:16:33.690
20	00:02:05.485	5.02	12:18:39.175
21	00:02:06.742	5.03	12:20:45.917
22	00:02:05.243	5.03	12:22:51.160
23	00:02:03.742	5.04	12:24:54.902
24	00:02:05.493	5.04	12:27:00.395
25	00:02:07.242	5.05	12:29:07.637
26	00:02:03.742	5.05	12:31:11.379
27	00:01:59.994	5.05	12:33:11.373
28	00:02:03.991	5.05	12:35:15.364
29	00:02:03.492	5.05	12:37:18.856

Laps: 29

Distance: 11600

Tot. Time: 00:59:02.789

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 1

Name: Ricco

Fraction: 8

#	Lap Time	Speed	Time
1	00:01:50.749	4.36	11:08:35.111
2	00:02:10.723	5.01	11:10:35.834
3	00:02:19.491	5.17	11:13:40.325
4	00:02:21.991	5.26	11:15:27.316
5	00:02:25.488	5.34	11:17:52.804
6	00:02:27.976	5.40	11:20:20.780
7	00:02:30.269	5.45	11:22:51.049
8	00:02:33.244	5.49	11:25:24.293
9	00:02:33.741	5.53	11:27:58.034
10	00:02:36.489	5.57	11:30:34.523
11	00:02:38.241	6.01	11:33:12.764
12	00:02:32.491	6.02	11:35:45.255

Laps: 12

Distance: 4800

Tot. Time: 00:32:13.807

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Zena Runners

Name: Caddeo

Fraction: 1

#	Lap Time	Speed	Time
1	00:01:53.657	4.43	10:08:22.475
2	00:02:11.059	5.05	10:11:12.676
3	00:02:13.942	3.42	10:13:24.330
4	00:02:12.091	4.09	10:15:08.061
5	00:02:12.251	4.25	10:18:49.304
6	00:02:14.091	4.37	10:20:30.526
7	00:02:13.791	4.45	10:23:11.759
8	00:02:14.793	4.51	10:25:54.493
9	00:02:15.242	4.56	10:28:35.974
10	00:02:12.072	4.56	10:30:40.347
11	00:02:13.012	5.00	10:32:33.588
12	00:02:17.540	5.06	10:34:15.570
13	00:02:27.692	4.48	10:37:59.553

Laps: 13

Distance: 5200

Tot. Time: 00:29:57.099

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2**Name:** Ghallab**Fraction:** 5

#	Lap Time	Speed	Time
1	00:01:34.994	3.57	12:08:37.464
2	00:01:21.746	3.40	12:09:59.210
3	00:01:19.246	3.33	12:11:18.456
4	00:01:18.246	3.28	12:12:36.702
5	00:01:18.995	3.26	12:13:55.697
6	00:01:19.997	3.25	12:15:15.694
7	00:01:20.494	3.24	12:16:36.188
8	00:01:19.996	3.24	12:17:56.184
9	00:01:20.239	3.23	12:19:16.423
10	00:01:19.495	3.23	12:20:35.918
11	00:01:18.995	3.22	12:21:54.913
12	00:01:19.745	3.22	12:23:14.658
13	00:01:21.006	3.22	12:24:35.664
14	00:01:21.734	3.22	12:25:57.398
15	00:01:21.999	3.22	12:27:19.397
16	00:01:22.242	3.22	12:28:41.639
17	00:01:21.509	3.23	12:30:03.148
18	00:01:21.230	3.23	12:31:24.378
19	00:01:20.996	3.23	12:32:45.374
20	00:01:21.495	3.23	12:34:06.869
21	00:01:20.745	3.22	12:35:27.614
22	00:01:22.244	3.23	12:36:49.858
23	00:01:21.745	3.23	12:38:11.603

Laps: 23**Distance:** 9200**Tot. Time:** 00:31:09.133

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Delta Spedizioni**Name:** El Jaoui Hicham**Fraction:** 10

#	Lap Time	Speed	Time
1	00:01:47.992	4.29	14:38:36.856
2	00:01:20.494	3.55	14:39:57.350
3	00:01:21.495	3.44	14:41:18.845
4	00:01:21.242	3.39	14:42:40.087
5	00:01:20.994	3.36	14:44:01.081
6	00:01:21.244	3.33	14:45:22.325
7	00:01:22.245	3.32	14:46:44.570
8	00:01:22.251	3.31	14:48:06.821
9	00:01:22.487	3.31	14:49:29.308
10	00:01:22.740	3.30	14:50:52.048
11	00:01:22.494	3.30	14:52:14.542
12	00:01:22.493	3.30	14:53:37.035
13	00:01:23.994	3.30	14:55:01.029
14	00:01:23.995	3.30	14:56:25.024
15	00:01:23.242	3.29	14:57:48.266
16	00:01:23.748	3.29	14:59:12.014
17	00:01:24.238	3.29	15:00:36.252
18	00:01:23.994	3.29	15:02:00.246
19	00:01:25.245	3.30	15:03:25.491
20	00:01:24.491	3.30	15:04:49.982
21	00:01:24.244	3.30	15:06:14.226
22	00:01:24.494	3.30	15:07:38.720

Laps: 22**Distance:** 8800**Tot. Time:** 00:30:49.856

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Delta Spedizioni

Name: Giorgianni Andrea

Fraction: 2

#	Lap Time	Speed	Time
1	00:01:35.237	3.58	10:38:37.277
2	00:01:26.743	3.47	10:40:04.020
3	00:01:25.744	3.43	10:41:29.764
4	00:01:25.493	3.40	10:42:55.257
5	00:01:26.239	3.39	10:44:21.496
6	00:01:23.245	3.37	10:47:11.233
7	00:01:23.254	3.35	10:48:34.487
8	00:01:22.980	3.33	10:49:57.467
9	00:01:23.244	3.32	10:51:20.711
10	00:01:22.495	3.31	10:52:43.206
11	00:01:22.501	3.29	10:54:05.707
12	00:01:23.251	3.27	10:55:28.958
13	00:01:21.495	3.26	10:56:50.453
14	00:01:21.505	3.26	10:58:11.958
15	00:01:20.486	3.25	10:59:32.444
16	00:01:20.994	3.25	11:00:53.438
17	00:01:21.996	3.26	11:02:15.434
18	00:01:21.994	3.26	11:03:37.428
19	00:01:21.246	3.26	11:04:58.674
20	00:01:20.998	3.25	11:06:19.672
21	00:01:20.992	3.25	11:07:40.664

Laps: 21

Distance: 8400

Tot. Time: 00:29:12.132

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3**Name:** Nicora**Fraction:** 5

#	Lap Time	Speed	Time
1	00:01:31.745	3.03	12:09:40.461
2	00:01:30.496	3.02	12:11:10.957
3	00:01:26.723	3.01	12:12:42.702
4	00:01:31.246	3.02	12:14:13.948
5	00:01:31.493	3.03	12:15:45.441
6	00:01:30.995	3.01	12:17:16.436
7	00:01:32.239	3.02	12:18:48.675
8	00:01:32.994	3.03	12:20:21.669
9	00:01:33.746	3.08	12:21:55.415
10	00:01:33.243	3.11	12:23:28.658
11	00:01:33.994	3.15	12:25:02.652
12	00:01:34.744	3.18	12:26:37.396
13	00:01:34.494	3.20	12:28:11.890
14	00:01:35.995	3.23	12:29:47.885
15	00:01:35.494	3.25	12:31:23.379
16	00:01:35.995	3.27	12:32:59.374
17	00:01:36.229	3.28	12:34:35.603
18	00:01:37.007	3.30	12:36:12.610
19	00:01:36.244	3.32	12:37:48.854

Laps: 19**Distance:** 7600**Tot. Time:** 00:29:41.378

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Delta Spedizioni**Name:** El Jaoui Hicham**Fraction:** 1

#	Lap Time	Speed	Time
1	00:01:14.305	3.05	10:09:41.423
2	00:01:23.744	3.17	10:11:05.167
3	00:01:20.745	3.18	10:12:25.912
4	00:01:19.743	3.19	10:13:45.655
5	00:01:20.494	3.19	10:15:06.149
6	00:01:21.493	3.20	10:16:27.642
7	00:01:21.494	3.20	10:17:49.136
8	00:01:21.995	3.21	10:19:11.131
9	00:01:21.493	3.21	10:20:32.624
10	00:01:21.494	3.21	10:21:54.118
11	00:01:22.494	3.22	10:23:16.612
12	00:01:21.494	3.22	10:24:38.106
13	00:01:21.503	3.22	10:25:59.609
14	00:01:21.983	3.22	10:27:21.592
15	00:01:22.487	3.22	10:28:44.079
16	00:01:22.996	3.23	10:30:07.075
17	00:01:23.244	3.23	10:31:30.319
18	00:01:22.740	3.23	10:32:53.059
19	00:01:22.993	3.23	10:34:16.052
20	00:01:22.994	3.23	10:35:39.046
21	00:01:22.994	3.24	10:37:02.040

Laps: 21**Distance:** 8400**Tot. Time:** 00:28:34.922

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 1**Name:** Cavallero**Fraction:** 6

#	Lap Time	Speed	Time
1	00:01:31.494	3.48	12:38:39.101
2	00:01:26.986	3.43	12:40:06.087
3	00:01:27.994	3.42	12:41:34.081
4	00:01:28.243	3.41	12:43:02.324
5	00:01:28.244	3.41	12:44:30.568
6	00:01:28.743	3.41	12:45:59.311
7	00:01:28.744	3.41	12:47:28.055
8	00:01:28.744	3.41	12:48:56.799
9	00:01:29.005	3.41	12:50:25.804
10	00:01:28.494	3.41	12:51:54.298
11	00:01:28.995	3.41	12:53:23.293
12	00:01:27.744	3.41	12:54:51.037
13	00:01:28.003	3.41	12:56:19.040
14	00:01:28.245	3.41	12:57:47.285
15	00:01:27.995	3.41	12:59:15.280
16	00:01:28.742	3.41	13:00:44.022
17	00:01:28.997	3.41	13:02:13.019
18	00:01:28.743	3.41	13:03:41.762
19	00:01:28.995	3.41	13:05:10.757
20	00:01:27.495	3.41	13:06:38.252
21	00:01:26.245	3.41	13:08:04.497

Laps: 21**Distance:** 8400**Tot. Time:** 00:30:56.890

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3

Name: Zambrano

Fraction: 2

#	Lap Time	Speed	Time
1	00:01:27.742	3.39	10:39:32.524
2	00:01:24.992	3.35	10:40:57.516
3	00:01:30.493	3.39	10:42:28.009
4	00:01:30.238	3.40	10:43:58.247
5	00:01:30.743	3.42	10:45:28.990
6	00:01:29.993	3.42	10:46:58.983
7	00:01:31.993	3.43	10:48:30.976
8	00:01:28.741	3.43	10:49:59.717
9	00:01:30.743	3.43	10:51:30.460
10	00:01:29.744	3.43	10:53:00.204
11	00:01:30.257	3.44	10:54:30.461
12	00:01:31.496	3.44	10:56:01.957
13	00:01:30.494	3.44	10:57:32.451
14	00:01:30.744	3.44	10:59:03.195
15	00:01:28.745	3.44	11:00:31.940
16	00:01:28.744	3.44	11:02:00.684
17	00:01:28.245	3.44	11:03:28.929
18	00:01:27.995	3.43	11:04:56.924
19	00:01:25.495	3.43	11:06:22.419
20	00:01:24.245	3.42	11:07:46.664

Laps: 20

Distance: 8000

Tot. Time: 00:29:41.882

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2

Name: Sicco

Fraction: 8

#	Lap Time	Speed	Time
1	00:01:28.994	3.42	13:38:58.868
2	00:01:27.994	3.41	13:40:26.862
3	00:01:29.744	3.42	13:41:56.606
4	00:01:31.755	3.44	13:43:28.361
5	00:01:31.745	3.45	13:45:00.106
6	00:01:31.997	3.45	13:46:32.103
7	00:01:30.247	3.45	13:48:02.350
8	00:01:30.494	3.45	13:49:32.844
9	00:01:30.493	3.45	13:51:03.337
10	00:01:30.747	3.46	13:52:34.084
11	00:01:31.497	3.46	13:54:05.581
12	00:01:30.746	3.46	13:55:36.327
13	00:01:31.991	3.46	13:57:08.318
14	00:01:31.756	3.46	13:58:40.074
15	00:01:31.734	3.46	14:00:11.808
16	00:01:27.501	3.46	14:01:39.309
17	00:01:27.734	3.46	14:03:07.043
18	00:01:27.974	3.45	14:04:35.017
19	00:01:28.491	3.45	14:06:03.508
20	00:01:27.500	3.45	14:07:31.008

Laps: 20

Distance: 8000

Tot. Time: 00:30:01.134

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3**Name:** Nicora**Fraction:** 1

#	Lap Time	Speed	Time
1	00:01:16.305	3.10	10:09:43.423
2	00:01:26.744	3.23	10:11:10.167
3	00:01:26.743	3.28	10:12:36.910
4	00:01:28.494	3.31	10:14:05.404
5	00:01:28.993	3.33	10:15:34.397
6	00:01:28.994	3.35	10:17:03.391
7	00:01:27.492	3.35	10:18:30.883
8	00:01:30.493	3.36	10:20:01.376
9	00:01:28.994	3.37	10:21:30.370
10	00:01:30.746	3.38	10:23:01.116
11	00:01:30.490	3.39	10:24:31.606
12	00:01:29.497	3.39	10:26:01.103
13	00:01:29.734	3.39	10:27:30.837
14	00:01:30.991	3.40	10:29:01.828
15	00:01:30.743	3.40	10:30:32.571
16	00:01:31.243	3.41	10:32:03.814
17	00:01:30.491	3.41	10:33:34.305
18	00:01:29.493	3.41	10:35:03.798
19	00:01:31.743	3.42	10:36:35.541
20	00:01:29.241	3.42	10:38:04.782

Laps: 20**Distance:** 8000**Tot. Time:** 00:29:37.664

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 1

Name: Raggio

Fraction: 8

#	Lap Time	Speed	Time
1	00:01:36.994	4.02	13:39:03.368
2	00:01:29.494	3.53	13:40:32.862
3	00:01:29.244	3.49	13:42:02.106
4	00:01:29.755	3.48	13:43:31.861
5	00:01:29.995	3.47	13:45:01.856
6	00:01:29.995	3.47	13:46:31.851
7	00:01:30.247	3.47	13:48:02.098
8	00:01:30.493	3.46	13:49:32.591
9	00:01:30.251	3.46	13:51:02.842
10	00:01:31.240	3.46	13:52:34.082
11	00:01:31.245	3.47	13:54:05.327
12	00:01:30.996	3.47	13:55:36.323
13	00:01:31.494	3.47	13:57:07.817
14	00:01:31.744	3.47	13:58:39.561
15	00:01:31.744	3.47	14:00:11.305
16	00:01:32.744	3.47	14:01:44.049
17	00:01:33.493	3.48	14:03:17.542
18	00:01:32.971	3.48	14:04:50.513
19	00:01:34.243	3.48	14:06:24.756
20	00:01:33.991	3.49	14:07:58.747

Laps: 20

Distance: 8000

Tot. Time: 00:30:32.373

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Delta Spedizioni**Name:** Schiasseloni Luca**Fraction:** 7

#	Lap Time	Speed	Time
1	00:01:41.494	4.13	13:10:00.241
2	00:01:17.745	3.44	13:11:17.986
3	00:01:21.746	3.37	13:12:39.732
4	00:01:22.496	3.34	13:14:02.228
5	00:01:23.994	3.33	13:15:26.222
6	00:01:25.244	3.33	13:16:51.466
7	00:01:25.244	3.33	13:18:16.710
8	00:01:26.254	3.33	13:19:42.964
9	00:01:25.992	3.33	13:21:08.956
10	00:01:26.480	3.34	13:22:35.436
11	00:01:27.253	3.34	13:24:02.689
12	00:01:28.232	3.35	13:25:30.921
13	00:01:27.496	3.35	13:26:58.417
14	00:01:28.742	3.35	13:28:27.159
15	00:01:28.993	3.36	13:29:56.152
16	00:01:28.993	3.36	13:31:25.145
17	00:01:29.425	3.37	13:32:54.570
18	00:01:29.055	3.37	13:34:23.625
19	00:01:28.993	3.37	13:35:52.618
20	00:01:29.255	3.37	13:37:21.873

Laps: 20**Distance:** 8000**Tot. Time:** 00:29:03.126

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2**Name:** Gattinoni**Fraction:** 7

#	Lap Time	Speed	Time
1	00:02:11.243	5.28	13:09:07.244
2	00:01:27.245	4.33	13:10:34.489
3	00:01:31.996	4.18	13:12:06.485
4	00:01:30.494	4.10	13:13:36.979
5	00:01:29.995	4.05	13:15:06.974
6	00:01:30.243	4.02	13:16:37.217
7	00:01:29.999	3.59	13:18:07.216
8	00:01:29.988	3.57	13:19:37.204
9	00:01:28.993	3.56	13:21:06.197
10	00:01:28.737	3.54	13:22:34.934
11	00:01:27.493	3.53	13:24:02.427
12	00:01:28.242	3.52	13:25:30.669
13	00:01:30.248	3.51	13:27:00.917
14	00:01:31.742	3.51	13:28:32.659
15	00:01:29.993	3.51	13:30:02.652
16	00:01:29.993	3.50	13:31:32.645
17	00:01:29.487	3.50	13:33:02.132
18	00:01:29.242	3.49	13:34:31.374
19	00:01:29.493	3.49	13:36:00.867
20	00:01:29.007	3.49	13:37:29.874

Laps: 20**Distance:** 8000**Tot. Time:** 00:30:33.873

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 1

Name: Carli

Fraction: 1

#	Lap Time	Speed	Time
1	00:01:19.055	3.17	10:09:46.173
2	00:01:29.493	3.30	10:11:15.666
3	00:01:31.744	3.36	10:12:47.410
4	00:01:33.242	3.40	10:14:20.652
5	00:01:33.743	3.43	10:15:54.395
6	00:01:33.243	3.45	10:17:27.638
7	00:01:34.494	3.46	10:19:02.132
8	00:01:32.992	3.47	10:20:35.124
9	00:01:32.493	3.47	10:22:07.617
10	00:01:34.573	3.48	10:23:42.190
11	00:01:34.663	3.49	10:25:16.853
12	00:01:34.493	3.50	10:26:51.346
13	00:01:33.235	3.50	10:28:24.581
14	00:01:34.993	3.50	10:29:59.574
15	00:01:33.493	3.50	10:31:33.067
16	00:01:32.740	3.51	10:33:05.807
17	00:01:33.753	3.51	10:34:39.560
18	00:01:33.233	3.51	10:36:12.793
19	00:01:33.743	3.51	10:37:46.536

Laps: 19

Distance: 7600

Tot. Time: 00:29:19.418

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Delta Spedizioni**Name:** Ponteolge Nino**Fraction:** 3

#	Lap Time	Speed	Time
1	00:01:17.495	3.13	10:45:34.239
2	00:01:32.994	3.33	11:10:31.153
3	00:01:36.494	3.42	11:12:07.647
4	00:01:36.746	3.47	11:13:44.393
5	00:01:36.492	3.50	11:15:20.885
6	00:01:36.494	3.51	11:16:57.379
7	00:01:35.994	3.53	11:18:33.373
8	00:01:37.004	3.54	11:20:10.377
9	00:01:37.235	3.55	11:21:47.612
10	00:01:37.996	3.56	11:23:25.608
11	00:01:37.240	3.56	11:25:02.848
12	00:01:37.993	3.57	11:26:40.841
13	00:01:38.748	3.58	11:28:19.589
14	00:01:38.989	3.58	11:29:58.578
15	00:01:38.995	3.59	11:31:37.573
16	00:01:39.006	3.59	11:33:16.579
17	00:01:38.990	4.00	11:34:55.569
18	00:01:39.744	4.00	11:36:35.313
19	00:01:40.245	4.01	11:38:15.558

Laps: 19**Distance:** 7600**Tot. Time:** 00:30:34.894

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Delta Spedizioni

Name: Martini Davide

Fraction: 8

#	Lap Time	Speed	Time
1	00:01:23.996	3.29	13:38:45.869
2	00:01:25.994	3.32	13:40:11.863
3	00:01:29.994	3.36	13:41:41.857
4	00:01:34.505	3.41	13:43:16.362
5	00:01:36.248	3.45	13:44:52.610
6	00:01:36.991	3.48	13:46:29.601
7	00:01:36.746	3.50	13:48:06.347
8	00:01:37.745	3.51	13:49:44.092
9	00:01:37.743	3.53	13:51:21.835
10	00:01:35.996	3.53	13:52:57.831
11	00:01:36.498	3.54	13:54:34.329
12	00:01:37.742	3.55	13:56:12.071
13	00:01:38.993	3.56	13:57:51.064
14	00:01:40.743	3.57	13:59:31.807
15	00:01:41.994	3.58	14:01:13.801
16	00:01:42.745	3.59	14:02:56.546
17	00:01:36.969	3.59	14:04:33.515
18	00:01:37.741	4.00	14:06:11.256
19	00:01:39.752	4.00	14:07:51.008

Laps: 19

Distance: 7600

Tot. Time: 00:30:29.135

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2**Name:** Rudasso**Fraction:** 3

#	Lap Time	Speed	Time
1	00:02:12.379	5.30	11:08:36.797
2	00:01:29.865	4.37	11:10:06.662
3	00:01:32.237	4.22	11:11:38.899
4	00:01:31.248	4.13	11:13:10.147
5	00:01:31.990	4.08	11:14:42.137
6	00:01:34.250	4.06	11:16:16.387
7	00:01:34.005	4.04	11:17:50.392
8	00:01:33.488	4.03	11:19:23.880
9	00:01:32.484	4.02	11:20:56.364
10	00:01:35.494	4.01	11:22:31.858
11	00:01:34.744	4.01	11:24:06.602
12	00:01:35.743	4.01	11:25:42.345
13	00:01:35.743	4.01	11:27:18.088
14	00:01:36.254	4.01	11:28:54.342
15	00:01:37.237	4.01	11:30:31.579
16	00:01:37.742	4.01	11:32:09.321
17	00:01:37.494	4.01	11:33:46.815
18	00:01:37.494	4.01	11:35:24.309
19	00:01:36.753	4.01	11:37:01.062

Laps: 19**Distance:** 7600**Tot. Time:** 00:30:36.644

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

**12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA**

11

Team: Atletica Levante - 1

Name: Gadaleta

Fraction: 9

#	Lap Time	Speed	Time
1	00:01:32.733	3.51	14:09:31.480
2	00:01:29.993	3.48	14:11:01.473
3	00:01:28.741	3.46	14:12:30.214
4	00:01:28.252	3.44	14:13:58.466
5	00:01:29.983	3.44	14:15:28.449
6	00:01:29.742	3.44	14:16:58.191
7	00:01:32.742	3.45	14:18:30.933
8	00:01:36.261	3.47	14:20:07.194
9	00:01:37.482	3.49	14:21:44.676
10	00:01:36.243	3.50	14:23:20.919
11	00:01:36.498	3.51	14:24:57.417
12	00:01:38.492	3.52	14:26:35.909
13	00:01:39.493	3.53	14:28:15.402
14	00:01:37.994	3.54	14:29:53.396
15	00:01:39.492	3.55	14:31:32.888
16	00:01:37.742	3.56	14:33:10.630
17	00:01:39.243	3.56	14:34:49.873
18	00:01:40.243	3.57	14:36:30.116
19	00:01:41.492	3.58	14:38:11.608

Laps: 19

Distance: 7600

Tot. Time: 00:30:12.861

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Delta Spedizioni**Name:** Mantero Matteo**Fraction:** 4

#	Lap Time	Speed	Time
1	00:01:33.745	3.54	11:39:89.303
2	00:01:38.995	4.00	11:41:28.298
3	00:01:39.744	4.03	11:43:08.042
4	00:01:36.005	4.02	11:44:44.047
5	00:01:35.485	4.01	11:46:19.532
6	00:01:34.006	4.00	11:47:53.538
7	00:01:34.734	4.00	11:49:28.272
8	00:01:34.495	3.59	11:51:02.767
9	00:01:35.995	3.59	11:52:38.762
10	00:01:35.005	3.59	11:54:13.767
11	00:01:35.235	3.59	11:55:49.002
12	00:01:33.998	3.59	11:57:23.000
13	00:01:34.495	3.58	11:58:57.495
14	00:01:34.745	3.58	12:00:32.240
15	00:01:33.245	3.58	12:02:05.485
16	00:01:34.246	3.58	12:03:39.731
17	00:01:32.495	3.57	12:05:12.226
18	00:01:30.995	3.57	12:06:43.221
19	00:01:30.745	3.56	12:08:13.966

Laps: 19**Distance:** 7600**Tot. Time:** 00:29:58.408

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 1

Name: Spagnoli

Fraction: 5

#	Lap Time	Speed	Time
1	00:01:33.245	3.53	12:08:34.215
2	00:01:29.005	3.47	12:10:03.220
3	00:01:35.735	3.51	12:11:38.955
4	00:01:33.995	3.52	12:13:12.950
5	00:01:32.744	3.52	12:14:45.694
6	00:01:32.245	3.52	12:16:17.939
7	00:01:31.992	3.51	12:17:49.931
8	00:01:33.491	3.52	12:19:23.422
9	00:01:34.498	3.52	12:20:57.920
10	00:01:34.741	3.52	12:22:32.661
11	00:01:35.495	3.53	12:24:08.156
12	00:01:34.743	3.53	12:25:42.899
13	00:01:36.245	3.54	12:27:19.144
14	00:01:36.744	3.54	12:28:55.888
15	00:01:37.994	3.55	12:30:33.882
16	00:01:39.248	3.56	12:32:13.130
17	00:01:38.239	3.56	12:33:51.369
18	00:01:38.994	3.57	12:35:30.363
19	00:01:37.244	3.57	12:37:07.607

Laps: 19

Distance: 7600

Tot. Time: 00:30:06.637

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 1

Name: Basalto

Fraction: 12

#	Lap Time	Speed	Time
1	00:01:34.992	3.57	15:39:15.547
2	00:01:28.991	3.49	15:40:44.538
3	00:01:35.492	3.52	15:42:20.030
4	00:01:33.741	3.53	15:43:53.771
5	00:01:31.491	3.52	15:45:25.262
6	00:01:39.742	3.55	15:47:05.004
7	00:01:41.990	3.58	15:48:46.994
8	00:01:43.990	4.00	15:50:30.984
9	00:01:35.990	4.00	15:52:06.974
10	00:01:41.003	4.01	15:53:47.977
11	00:01:39.743	4.02	15:55:27.720
12	00:01:44.740	4.04	15:57:12.460
13	00:01:40.989	4.04	15:58:53.449
14	00:01:41.989	4.05	16:00:35.438
15	00:01:46.241	4.06	16:02:21.679
16	00:01:46.243	4.08	16:04:07.922
17	00:01:45.759	4.08	16:05:53.681
18	00:01:28.244	4.07	16:07:21.925
19	00:01:18.495	4.04	16:08:40.420

Laps: 19

Distance: 7600

Tot. Time: 00:30:59.865

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2

Name: Lizzani

Fraction: 4

#	Lap Time	Speed	Time
1	00:01:37.995	4.04	11:38:39.057
2	00:01:43.250	4.11	11:40:22.307
3	00:01:41.239	4.12	11:42:03.546
4	00:01:41.495	4.12	11:43:45.041
5	00:01:40.245	4.12	11:45:25.286
6	00:01:42.496	4.12	11:47:07.782
7	00:01:41.252	4.12	11:48:49.034
8	00:01:40.485	4.12	11:50:29.519
9	00:01:40.744	4.12	11:52:10.263
10	00:01:38.995	4.12	11:53:49.258
11	00:01:40.495	4.11	11:55:29.753
12	00:01:40.498	4.11	11:57:10.251
13	00:01:38.745	4.11	11:58:48.996
14	00:01:38.494	4.11	12:00:27.490
15	00:01:38.995	4.10	12:02:06.485
16	00:01:38.745	4.10	12:03:45.230
17	00:01:38.995	4.10	12:05:24.225
18	00:01:38.245	4.10	12:07:02.470

Laps: 18

Distance: 7200

Tot. Time: 00:30:01.408

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2

Name: Casanova

Fraction: 9

#	Lap Time	Speed	Time
1	00:01:21.228	3.23	14:08:52.236
2	00:02:12.740	6.57	14:14:26.455
3	00:01:21.973	1.11	14:15:51.678
4	00:01:25.761	1.46	14:17:17.439
5	00:01:24.743	2.07	14:18:42.182
6	00:01:26.002	2.22	14:20:08.184
7	00:01:24.746	2.32	14:21:32.930
8	00:01:25.000	2.39	14:22:57.930
9	00:01:27.494	2.46	14:24:25.424
10	00:01:25.989	2.51	14:25:51.413
11	00:01:25.993	2.55	14:27:17.406
12	00:01:26.994	2.58	14:28:44.400
13	00:01:26.494	3.01	14:30:10.894
14	00:01:26.244	3.04	14:31:37.138
15	00:01:25.746	3.06	14:33:02.884
16	00:01:27.240	3.08	14:34:30.124
17	00:01:27.496	3.09	14:35:57.620
18	00:01:26.992	3.11	14:37:24.612

Laps: 18

Distance: 7200

Tot. Time: 00:26:28.875

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG**Name:** Bonollo**Fraction:** 12

#	Lap Time	Speed	Time
1	00:01:56.490	4.51	15:39:13.047
2	00:01:37.241	4.27	15:40:50.288
3	00:01:40.343	4.21	15:42:30.631
4	00:01:40.638	4.19	15:44:11.269
5	00:01:41.241	4.17	15:45:52.510
6	00:01:42.500	4.17	15:47:35.010
7	00:01:43.231	4.17	15:49:18.241
8	00:01:43.990	4.18	15:51:02.231
9	00:01:45.240	4.18	15:52:47.471
10	00:01:44.003	4.18	15:54:31.474
11	00:01:44.741	4.19	15:56:16.215
12	00:01:44.741	4.19	15:58:00.956
13	00:01:45.748	4.19	15:59:46.704
14	00:01:47.229	4.20	16:01:33.933
15	00:01:47.990	4.20	16:03:21.923
16	00:01:47.762	4.21	16:05:09.685
17	00:01:46.992	4.21	16:06:56.677
18	00:01:39.243	4.21	16:08:35.920

Laps: 18**Distance:** 7200**Tot. Time:** 00:31:19.363

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG

Name: Bonollo

Fraction: 9

#	Lap Time	Speed	Time
1	00:01:47.721	4.29	14:09:03.733
2	00:01:29.243	4.06	14:10:32.976
3	00:01:36.490	4.04	14:12:09.466
4	00:01:37.741	4.04	14:13:47.207
5	00:01:38.243	4.04	14:15:25.450
6	00:01:39.741	4.05	14:17:05.191
7	00:01:40.490	4.06	14:18:45.681
8	00:01:40.506	4.06	14:20:26.187
9	00:01:40.737	4.07	14:22:06.924
10	00:01:39.242	4.07	14:23:46.166
11	00:01:41.498	4.08	14:25:27.664
12	00:01:41.243	4.08	14:27:08.907
13	00:01:42.992	4.09	14:28:51.899
14	00:01:42.993	4.09	14:30:34.892
15	00:01:42.742	4.10	14:32:17.634
16	00:01:44.003	4.10	14:34:01.637
17	00:01:45.482	4.11	14:35:47.119
18	00:01:43.752	4.12	14:37:30.871

Laps: 18

Distance: 7200

Tot. Time: 00:30:14.859

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Delta Spedizioni

Name: Trocino Francesco

Fraction: 6

#	Lap Time	Speed	Time
1	00:01:43.247	4.18	12:39:17.852
2	00:01:42.731	4.17	12:41:00.583
3	00:01:45.492	4.19	12:42:46.075
4	00:01:41.253	4.17	12:44:27.328
5	00:01:39.234	4.15	12:46:06.562
6	00:01:42.002	4.15	12:47:48.564
7	00:01:41.482	4.15	12:49:30.046
8	00:01:39.756	4.14	12:51:09.802
9	00:01:40.743	4.14	12:52:50.545
10	00:01:39.754	4.13	12:54:30.299
11	00:01:40.241	4.13	12:56:10.540
12	00:01:40.744	4.13	12:57:51.284
13	00:01:40.505	4.13	12:59:31.789
14	00:01:41.232	4.13	13:01:13.021
15	00:01:42.744	4.13	13:02:55.765
16	00:01:44.996	4.14	13:04:40.761
17	00:01:44.742	4.14	13:06:25.503
18	00:01:53.244	4.16	13:08:18.747

Laps: 18

Distance: 7200

Tot. Time: 00:30:44.142

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3

Name: Armanino

Fraction: 9

#	Lap Time	Speed	Time
1	00:01:35.732	3.59	14:09:13.733
2	00:01:31.992	3.54	14:10:45.725
3	00:01:37.740	3.57	14:12:23.465
4	00:01:39.741	4.00	14:14:03.206
5	00:01:40.503	4.02	14:15:43.709
6	00:01:39.480	4.03	14:17:23.189
7	00:01:39.491	4.04	14:19:02.680
8	00:01:39.751	4.05	14:20:42.431
9	00:01:39.492	4.05	14:22:21.923
10	00:01:39.742	4.05	14:24:01.665
11	00:01:39.499	4.06	14:25:41.164
12	00:01:41.002	4.06	14:27:22.166
13	00:01:40.733	4.07	14:29:02.899
14	00:01:41.242	4.07	14:30:44.141
15	00:01:42.242	4.08	14:32:26.383
16	00:01:42.993	4.08	14:34:09.376
17	00:01:43.492	4.09	14:35:52.868
18	00:01:41.993	4.09	14:37:34.861

Laps: 18

Distance: 7200

Tot. Time: 00:29:56.860

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Rollando

Fraction: 3

#	Lap Time	Speed	Time
1	00:01:33.745	3.54	11:08:49.161
2	00:01:38.743	4.00	11:10:27.904
3	00:01:42.743	4.06	11:12:10.647
4	00:01:44.995	4.10	11:13:55.642
5	00:01:45.492	4.12	11:15:41.134
6	00:01:44.743	4.14	11:17:25.877
7	00:01:45.994	4.15	11:19:11.871
8	00:01:44.999	4.16	11:20:56.870
9	00:01:43.237	4.16	11:22:40.107
10	00:01:44.744	4.17	11:24:24.851
11	00:01:45.492	4.17	11:26:10.343
12	00:01:44.743	4.18	11:27:55.086
13	00:01:44.743	4.18	11:29:39.829
14	00:01:45.995	4.19	11:31:25.824
15	00:01:45.493	4.19	11:33:11.317
16	00:01:44.747	4.19	11:34:56.064
17	00:01:43.249	4.19	11:36:39.313
18	00:01:43.995	4.19	11:38:23.308

Laps: 18

Distance: 7200

Tot. Time: 00:31:07.892

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 1

Name: Sturlese

Fraction: 3

#	Lap Time	Speed	Time
1	00:01:32.988	3.52	11:08:48.410
2	00:01:35.494	3.55	11:10:23.904
3	00:01:42.499	4.02	11:12:06.403
4	00:01:42.238	4.05	11:13:48.641
5	00:01:43.494	4.08	11:15:32.135
6	00:01:42.493	4.09	11:17:14.628
7	00:01:43.495	4.10	11:18:58.123
8	00:01:44.992	4.12	11:20:43.115
9	00:01:44.504	4.13	11:22:27.619
10	00:01:43.733	4.13	11:24:11.352
11	00:01:43.993	4.14	11:25:55.345
12	00:01:45.742	4.15	11:27:41.087
13	00:01:45.494	4.15	11:29:26.581
14	00:01:45.494	4.16	11:31:12.075
15	00:01:44.995	4.16	11:32:57.070
16	00:01:44.491	4.17	11:34:41.561
17	00:01:43.753	4.17	11:36:25.314
18	00:01:42.744	4.17	11:38:08.058

Laps: 18

Distance: 7200

Tot. Time: 00:30:52.636

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Delta Spedizioni

Name: Pertica Roberto

Fraction: 9

#	Lap Time	Speed	Time
1	00:01:26.724	3.36	14:09:17.732
2	00:01:33.991	3.45	14:10:51.723
3	00:01:37.241	3.51	14:12:28.964
4	00:01:36.492	3.54	14:14:05.456
5	00:01:37.493	3.55	14:15:42.949
6	00:01:37.500	3.57	14:17:20.449
7	00:01:36.481	3.57	14:18:56.930
8	00:01:35.512	3.57	14:20:32.442
9	00:01:35.982	3.58	14:22:08.424
10	00:01:36.492	3.58	14:23:44.916
11	00:01:36.750	3.58	14:25:21.666
12	00:01:37.992	3.59	14:26:59.658
13	00:01:37.742	3.59	14:28:37.400
14	00:01:37.743	4.00	14:30:15.143
15	00:01:37.493	4.00	14:31:52.636
16	00:01:38.243	4.00	14:33:30.879
17	00:01:38.493	4.00	14:35:09.372
18	00:01:39.492	4.01	14:36:48.864

Laps: 18

Distance: 7200

Tot. Time: 00:28:57.856

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3

Name: Solari

Fraction: 8

#	Lap Time	Speed	Time
1	00:01:42.758	4.16	13:38:51.369
2	00:01:34.993	4.07	13:40:26.362
3	00:01:37.504	4.06	13:42:03.866
4	00:01:39.495	4.06	13:43:43.361
5	00:01:39.494	4.07	13:45:22.855
6	00:01:40.746	4.07	13:47:03.601
7	00:01:41.744	4.08	13:48:45.345
8	00:01:41.743	4.09	13:50:27.088
9	00:01:44.245	4.10	13:52:11.333
10	00:01:42.994	4.11	13:53:54.327
11	00:01:42.501	4.11	13:55:36.828
12	00:01:42.488	4.12	13:57:19.316
13	00:01:42.244	4.12	13:59:01.560
14	00:01:45.993	4.13	14:00:47.553
15	00:01:43.494	4.13	14:02:31.047
16	00:01:44.220	4.14	14:04:15.267
17	00:01:42.492	4.14	14:05:57.759
18	00:01:40.242	4.14	14:07:38.001

Laps: 18

Distance: 7200

Tot. Time: 00:30:29.390

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 1

Name: Ferrini

Fraction: 7

#	Lap Time	Speed	Time
1	00:02:05.505	5.13	13:38:41.869
2	00:01:33.744	4.34	13:40:15.613
3	00:01:42.493	4.28	13:41:58.106
4	00:01:42.254	4.24	13:43:40.360
5	00:01:46.505	4.25	13:45:26.865
6	00:01:46.244	4.25	13:47:13.109
7	00:01:47.734	4.25	13:49:00.843
8	00:01:49.494	4.26	13:50:50.337
9	00:01:51.494	4.28	13:52:41.831
10	00:01:51.995	4.29	13:54:33.826
11	00:01:50.994	4.30	13:56:24.820
12	00:01:51.742	4.30	13:58:16.562
13	00:01:53.743	4.31	14:00:10.305
14	00:01:54.242	4.32	14:02:04.547
15	00:01:54.472	4.33	14:03:59.019
16	00:01:57.489	4.35	14:05:56.508
17	00:01:54.990	4.35	14:07:51.498

Laps: 17

Distance: 6800

Tot. Time: 00:39:46.879

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2

Name: Zuntini

Fraction: 6

#	Lap Time	Speed	Time
1	00:01:57.982	4.54	12:38:40.101
2	00:01:36.985	4.28	12:40:17.086
3	00:01:39.743	4.22	12:41:56.829
4	00:01:41.742	4.20	12:43:38.571
5	00:01:41.748	4.19	12:45:20.319
6	00:01:43.489	4.19	12:47:03.808
7	00:01:42.992	4.18	12:48:46.800
8	00:01:42.753	4.18	12:50:29.553
9	00:01:42.254	4.18	12:52:11.807
10	00:01:43.734	4.18	12:53:55.541
11	00:01:44.002	4.18	12:55:39.543
12	00:01:43.243	4.18	12:57:22.786
13	00:01:45.245	4.18	12:59:08.031
14	00:01:44.001	4.18	13:00:52.032
15	00:01:43.234	4.18	13:02:35.266
16	00:01:43.494	4.18	13:04:18.760
17	00:01:43.494	4.18	13:06:02.254
18	00:01:39.745	4.18	13:07:41.999

Laps: 18

Distance: 7200

Tot. Time: 00:30:59.880

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2

Name: Paganini

Fraction: 12

#	Lap Time	Speed	Time
1	00:01:34.241	3.55	15:40:00.542
2	00:01:42.991	4.06	15:41:43.533
3	00:01:44.240	4.11	15:43:27.773
4	00:01:44.740	4.13	15:45:12.513
5	00:01:44.491	4.15	15:46:57.004
6	00:01:43.740	4.16	15:48:40.744
7	00:01:45.490	4.17	15:50:26.234
8	00:01:43.240	4.17	15:52:09.474
9	00:01:41.753	4.16	15:53:51.227
10	00:01:42.741	4.16	15:55:33.968
11	00:01:43.493	4.17	15:57:17.461
12	00:01:44.246	4.17	15:59:01.707
13	00:01:45.730	4.17	16:00:47.437
14	00:01:46.741	4.18	16:02:34.178
15	00:01:46.758	4.19	16:04:20.936
16	00:01:47.494	4.19	16:06:08.430
17	00:01:48.996	4.20	16:07:57.426
18	00:01:44.735	4.20	16:09:42.161

Laps: 18

Distance: 7200

Tot. Time: 00:31:15.860

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 1

Name: Pinelli

Fraction: 10

#	Lap Time	Speed	Time
1	00:01:31.243	3.48	14:39:42.851
2	00:01:35.743	3.53	14:41:18.594
3	00:01:37.242	3.56	14:42:55.836
4	00:01:37.992	3.58	14:44:33.828
5	00:01:37.992	4.00	14:46:11.820
6	00:01:37.494	4.00	14:47:49.314
7	00:01:36.991	4.00	14:49:26.305
8	00:01:39.242	4.01	14:51:05.547
9	00:01:39.242	4.02	14:52:44.789
10	00:01:38.493	4.02	14:54:23.282
11	00:01:37.993	4.03	14:56:01.275
12	00:01:38.991	4.03	14:57:40.266
13	00:01:40.246	4.04	14:59:20.512
14	00:01:40.239	4.04	15:01:00.751
15	00:01:38.991	4.04	15:02:39.742
16	00:01:42.242	4.05	15:04:21.984
17	00:01:42.243	4.05	15:06:04.227
18	00:01:41.242	4.06	15:07:45.469

Laps: 18

Distance: 7200

Tot. Time: 00:29:33.861

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Lambruschini

Fraction: 9

#	Lap Time	Speed	Time
1	00:02:27.736	6.09	14:08:40.992
2	00:01:37.484	5.06	14:10:18.476
3	00:01:42.490	4.49	14:12:00.966
4	00:01:41.741	4.40	14:13:42.707
5	00:01:43.503	4.36	14:15:26.210
6	00:01:41.980	4.32	14:17:08.190
7	00:01:44.241	4.31	14:18:52.431
8	00:01:45.760	4.30	14:20:38.191
9	00:01:45.232	4.29	14:22:23.423
10	00:01:45.243	4.28	14:24:08.666
11	00:01:46.488	4.28	14:25:55.154
12	00:01:47.251	4.28	14:27:42.405
13	00:01:46.492	4.28	14:29:28.897
14	00:01:45.992	4.28	14:31:14.889
15	00:01:47.492	4.28	14:33:02.381
16	00:01:47.497	4.28	14:34:49.878
17	00:01:46.237	4.28	14:36:36.115
18	00:01:47.742	4.28	14:38:23.857

Laps: 18

Distance: 7200

Tot. Time: 00:32:10.601

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Arpe

Fraction: 2

#	Lap Time	Speed	Time
1	00:01:48.476	4.31	10:39:20.524
2	00:01:24.995	4.01	10:40:45.519
3	00:01:36.995	4.02	10:42:22.514
4	00:01:38.234	4.02	10:44:00.748
5	00:01:37.743	4.03	10:45:38.491
6	00:01:13.495	4.01	10:47:15.983
7	00:01:38.739	4.03	10:48:54.722
8	00:01:39.500	4.03	10:50:34.222
9	00:01:40.235	4.04	10:52:14.457
10	00:01:38.742	4.03	10:53:53.199
12	00:01:12.103	4.01	10:55:33.461
13	00:03:00.069	4.05	10:57:13.703
14	00:01:40.496	4.04	11:00:33.953
15	00:01:40.981	4.04	11:02:14.934
16	00:01:40.493	4.03	11:03:55.427
17	00:01:40.394	4.03	11:05:35.821
18	00:01:39.595	4.03	11:07:15.416

Laps: 18

Distance: 7200

Tot. Time: 00:28:31.285

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 1

Name: Gontarek

Fraction: 2

#	Lap Time	Speed	Time
1	00:01:27.488	3.38	10:39:14.024
2	00:01:31.244	3.43	10:40:45.268
3	00:01:36.742	3.49	10:42:22.010
4	00:01:38.238	3.53	10:44:00.248
5	00:01:37.751	3.55	10:45:37.999
6	00:01:37.233	3.56	10:47:15.232
7	00:01:38.752	3.58	10:48:53.984
8	00:01:39.982	3.59	10:50:33.966
9	00:01:39.991	4.00	10:52:13.957
10	00:01:38.492	4.01	10:53:52.449
11	00:01:40.508	4.02	10:55:32.957
12	00:01:40.244	4.03	10:57:13.201
13	00:01:39.744	4.03	10:58:52.945
14	00:01:40.745	4.04	11:00:33.690
15	00:01:40.747	4.04	11:02:14.437
16	00:01:40.750	4.05	11:03:55.187
17	00:01:40.735	4.05	11:05:35.922
18	00:01:39.500	4.05	11:07:15.422

Laps: 18

Distance: 7200

Tot. Time: 00:29:28.886

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3**Name:** Tiberi**Fraction:** 12

#	Lap Time	Speed	Time
1	00:01:32.501	3.51	15:38:41.309
2	00:01:40.981	4.01	15:40:22.290
3	00:01:50.740	4.13	15:42:13.030
4	00:01:47.490	4.17	15:44:00.520
5	00:01:47.990	4.19	15:45:48.510
6	00:01:46.994	4.21	15:47:35.504
7	00:01:46.737	4.21	15:49:22.241
8	00:01:49.245	4.23	15:51:11.486
9	00:01:48.234	4.24	15:52:59.720
10	00:01:49.003	4.24	15:54:48.723
11	00:01:49.740	4.25	15:56:38.463
12	00:01:47.741	4.26	15:58:26.204
13	00:01:49.736	4.26	16:00:15.940
14	00:01:49.990	4.27	16:02:05.930
15	00:01:52.490	4.28	16:03:58.420
16	00:01:51.512	4.28	16:05:49.932
17	00:01:48.742	4.29	16:07:38.674
18	00:01:40.245	4.28	16:09:18.919

Laps: 18**Distance:** 7200**Tot. Time:** 00:32:10.111

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2

Name: Ferri

Fraction: 11

#	Lap Time	Speed	Time
1	00:01:48.732	4.31	15:08:57.464
2	00:01:46.743	4.29	15:10:44.207
3	00:01:48.744	4.30	15:12:32.951
4	00:01:48.480	4.30	15:14:21.431
5	00:01:47.003	4.29	15:16:08.434
6	00:01:46.991	4.29	15:17:55.425
7	00:01:46.493	4.28	15:19:41.918
8	00:01:45.742	4.28	15:21:27.660
9	00:01:45.992	4.28	15:23:13.652
10	00:01:45.231	4.27	15:24:58.883
11	00:01:43.991	4.26	15:26:42.874
12	00:01:43.233	4.26	15:28:26.107
13	00:01:42.991	4.25	15:30:09.098
14	00:01:41.493	4.24	15:31:50.591
15	00:01:39.987	4.23	15:33:30.578
16	00:01:39.491	4.22	15:35:10.069
17	00:01:38.492	4.21	15:36:48.561
18	00:01:37.740	4.20	15:38:26.301

Laps: 18

Distance: 7200

Tot. Time: 00:31:17.569

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 1

Name: Garibaldi

Fraction: 11

#	Lap Time	Speed	Time
1	00:01:35.244	3.58	15:09:20.713
2	00:01:33.994	3.56	15:10:54.707
3	00:01:37.742	3.59	15:12:32.449
4	00:01:38.936	4.01	15:14:11.385
5	00:01:43.301	4.04	15:15:54.686
6	00:01:43.491	4.06	15:17:38.177
7	00:01:40.752	4.07	15:19:18.929
8	00:01:39.483	4.07	15:20:58.412
9	00:01:40.482	4.08	15:22:38.894
10	00:01:40.993	4.08	15:24:19.887
11	00:01:40.991	4.08	15:26:00.878
12	00:01:41.483	4.09	15:27:42.361
13	00:01:41.492	4.09	15:29:23.853
14	00:01:40.490	4.09	15:31:04.343
15	00:01:39.990	4.09	15:32:44.333
16	00:01:39.490	4.09	15:34:23.823
17	00:01:38.995	4.09	15:36:02.818
18	00:01:37.737	4.09	15:37:40.555

Laps: 18

Distance: 7200

Tot. Time: 00:29:55.086

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2

Name: Fazio

Fraction: 11

#	Lap Time	Speed	Time
1	00:01:53.754	4.44	15:08:58.226
2	00:01:41.733	4.29	15:10:39.959
3	00:01:45.741	4.27	15:12:25.700
4	00:01:46.992	4.27	15:14:12.692
5	00:01:49.743	4.28	15:16:02.435
6	00:01:50.990	4.30	15:17:53.425
7	00:01:50.243	4.31	15:19:43.668
8	00:01:49.743	4.31	15:21:33.411
9	00:01:46.732	4.31	15:23:20.143
10	00:01:47.739	4.30	15:25:07.882
11	00:01:49.241	4.31	15:26:57.123
12	00:01:49.243	4.31	15:28:46.366
13	00:01:50.730	4.31	15:30:37.096
14	00:01:49.742	4.31	15:32:26.838
15	00:01:48.736	4.31	15:34:15.574
16	00:01:47.990	4.31	15:36:03.564
17	00:01:46.240	4.31	15:37:49.804

Laps: 17

Distance: 6800

Tot. Time: 00:30:45.332

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 2**Name:** De Luca**Fraction:** 8

#	Lap Time	Speed	Time
1	00:01:59.991	4.59	14:38:47.605
2	00:01:53.742	4.52	14:40:41.347
3	00:01:54.241	4.49	14:42:35.588
4	00:01:52.241	4.47	14:44:27.829
5	00:01:52.490	4.46	14:46:20.319
6	00:01:53.242	4.45	14:48:13.561
7	00:01:52.491	4.45	14:50:06.052
8	00:01:51.991	4.44	14:51:58.043
9	00:01:50.491	4.43	14:53:48.534
10	00:01:50.242	4.42	14:55:38.776
11	00:01:50.741	4.42	14:57:29.517
12	00:01:50.741	4.41	14:59:20.258
13	00:01:51.491	4.41	15:01:11.749
14	00:01:52.492	4.41	15:03:04.241
15	00:01:44.491	4.40	15:04:48.732
16	00:01:47.246	4.39	15:06:35.978
17	00:01:42.989	4.38	15:08:18.967

Laps: 17**Distance:** 6800**Tot. Time:** 00:31:31.353

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 1

Name: Ferrini

Fraction: 2

#	Lap Time	Speed	Time
1	00:02:20.734	5.51	10:38:45.526
2	00:01:33.243	4.52	10:40:18.769
3	00:01:40.252	4.38	10:41:59.021
4	00:01:43.728	4.33	10:43:42.749
5	00:01:43.491	4.30	10:45:26.240
6	00:01:45.752	4.29	10:47:11.992
7	00:01:45.730	4.28	10:48:57.722
8	00:01:47.742	4.28	10:50:45.464
9	00:01:46.741	4.28	10:52:32.205
10	00:01:47.757	4.28	10:54:19.962
11	00:01:49.493	4.29	10:56:09.455
12	00:01:49.747	4.29	10:57:59.202
13	00:01:49.250	4.29	10:59:48.452
14	00:01:50.484	4.30	11:01:38.936
15	00:01:52.743	4.31	11:03:31.679
16	00:01:48.493	4.31	11:05:20.172
17	00:01:50.994	4.31	11:07:11.166

Laps: 17

Distance: 6800

Tot. Time: 00:30:46.374

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 1**Name:** Rossi**Fraction:** 7

#	Lap Time	Speed	Time
1	00:01:25.745	3.34	13:09:30.242
2	00:01:42.995	3.55	13:11:13.237
3	00:01:41.744	4.02	13:12:54.981
4	00:01:43.744	4.06	13:14:38.725
5	00:01:42.503	4.08	13:16:21.228
6	00:01:42.982	4.09	13:18:04.210
7	00:01:43.243	4.11	13:19:47.453
8	00:01:40.498	4.11	13:21:27.951
9	00:01:45.230	4.12	13:23:13.181
10	00:01:44.741	4.13	13:24:57.922
11	00:01:45.745	4.14	13:26:43.667
12	00:01:45.992	4.15	13:28:29.659
13	00:01:46.242	4.16	13:30:15.901
14	00:01:46.988	4.16	13:32:02.889
15	00:01:48.239	4.17	13:33:51.128
16	00:01:46.501	4.18	13:35:37.629
17	00:01:48.745	4.19	13:37:26.374

Laps: 17**Distance:** 6800**Tot. Time:** 00:29:21.877

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 2**Name:** Canepa**Fraction:** 5

#	Lap Time	Speed	Time
1	00:01:53.494	4.43	13:08:53.745
2	00:01:41.494	4.28	13:10:35.239
3	00:01:45.748	4.27	13:12:20.987
4	00:01:42.740	4.24	13:14:03.727
5	00:01:43.244	4.23	13:15:46.971
6	00:01:43.743	4.22	13:17:30.714
7	00:01:46.241	4.23	13:19:16.955
8	00:01:45.742	4.23	13:21:02.697
9	00:01:45.986	4.23	13:22:48.683
10	00:01:46.745	4.23	13:24:35.428
11	00:01:51.737	4.25	13:26:27.165
12	00:01:50.245	4.26	13:28:17.410
13	00:01:50.241	4.26	13:30:07.651
14	00:01:50.739	4.27	13:31:58.390
15	00:01:51.488	4.28	13:33:49.878
16	00:01:51.740	4.28	13:35:41.618
17	00:01:50.506	4.29	13:37:32.124

Laps: 17**Distance:** 6800**Tot. Time:** 00:30:31.873

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3

Name: Moggia

Fraction: 4

#	Lap Time	Speed	Time
1	00:02:07.494	5.18	11:39:36.054
2	00:01:33.754	4.36	11:41:09.808
3	00:01:47.485	4.33	11:42:57.293
4	00:01:45.494	4.31	11:44:42.787
5	00:01:48.245	4.31	11:46:31.032
6	00:01:48.004	4.31	11:48:19.036
7	00:01:49.734	4.31	11:50:08.770
8	00:01:46.495	4.30	11:51:55.265
9	00:01:48.993	4.31	11:53:44.258
10	00:01:46.744	4.30	11:55:31.002
11	00:01:48.498	4.30	11:57:19.500
12	00:01:48.744	4.30	11:59:08.244
13	00:01:49.505	4.30	12:00:57.749
14	00:01:47.484	4.30	12:02:45.233
15	00:01:48.745	4.30	12:04:33.978
16	00:01:46.246	4.30	12:06:20.224
17	00:01:47.252	4.30	12:08:07.476

Laps: 17

Distance: 6800

Tot. Time: 00:30:38.916

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2

Name: Gonzi

Fraction: 2

#	Lap Time	Speed	Time
1	00:01:49.986	4.34	10:38:39.776
2	00:01:39.743	4.22	10:40:19.519
3	00:01:42.242	4.19	10:42:01.761
4	00:01:40.238	4.17	10:43:41.999
5	00:01:41.492	4.16	10:45:23.491
6	00:01:42.492	4.16	10:47:05.983
7	00:01:42.990	4.16	10:48:48.973
8	00:01:44.998	4.17	10:50:33.971
9	00:01:45.235	4.18	10:52:19.206
10	00:01:45.250	4.18	10:54:04.456
11	00:01:47.750	4.19	10:55:52.206
12	00:01:45.994	4.20	10:57:38.200
13	00:01:46.994	4.20	10:59:25.194
14	00:01:49.003	4.21	11:01:14.197
15	00:01:48.484	4.22	11:03:02.681
16	00:01:47.243	4.22	11:04:49.924
17	00:01:47.498	4.22	11:06:37.422

Laps: 17

Distance: 6800

Tot. Time: 00:29:47.632

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 1

Name: Balasco

Fraction: 4

#	Lap Time	Speed	Time
1	00:01:36.745	4.01	11:39:44.803
2	00:01:35.245	3.59	11:41:20.048
3	00:01:37.746	4.01	11:42:57.794
4	00:01:38.746	4.02	11:44:36.540
5	00:01:39.993	4.04	11:46:16.533
6	00:01:39.744	4.05	11:47:56.277
7	00:01:42.995	4.06	11:49:39.272
8	00:01:42.744	4.08	11:51:22.016
9	00:01:43.494	4.09	11:53:05.510
10	00:01:43.497	4.10	11:54:49.007
11	00:01:44.492	4.11	11:56:33.499
12	00:01:44.749	4.12	11:58:18.248
13	00:01:45.494	4.13	12:00:03.742
14	00:01:44.244	4.13	12:01:47.986
15	00:01:45.495	4.14	12:03:33.481
16	00:01:43.995	4.14	12:05:17.476
17	00:01:43.494	4.14	12:07:00.970

Laps: 17

Distance: 6800

Tot. Time: 00:28:52.912

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2**Name:** Sanguineti**Fraction:** 9

#	Lap Time	Speed	Time
1	00:02:34.226	6.25	14:08:37.994
2	00:01:29.983	5.05	14:10:07.977
3	00:01:41.742	4.48	14:11:49.719
4	00:01:45.239	4.41	14:13:34.958
5	00:01:48.242	4.39	14:15:23.200
6	00:01:49.490	4.38	14:17:12.690
7	00:01:49.490	4.38	14:19:02.180
8	00:01:49.750	4.37	14:20:51.930
9	00:01:49.741	4.37	14:22:41.671
10	00:01:49.991	4.36	14:24:31.662
11	00:01:49.998	4.36	14:26:21.660
12	00:01:50.742	4.36	14:28:12.402
13	00:01:51.992	4.37	14:30:04.394
14	00:01:52.242	4.37	14:31:56.636
15	00:01:53.241	4.37	14:33:49.877
16	00:01:51.492	4.37	14:35:41.369
17	00:01:51.242	4.37	14:37:32.611

Laps: 17**Distance:** 6800**Tot. Time:** 00:31:28.843

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG**Name:** Vicari**Fraction:** 5

#	Lap Time	Speed	Time
1	00:02:08.482	5.21	12:08:39.215
2	00:01:33.244	4.37	12:10:12.459
3	00:01:40.999	4.28	12:11:53.458
4	00:01:39.990	4.24	12:13:33.448
5	00:01:44.245	4.23	12:15:17.693
6	00:01:49.744	4.25	12:17:07.437
7	00:01:42.238	4.23	12:18:49.675
8	00:01:45.244	4.23	12:20:34.919
9	00:01:49.495	4.24	12:22:24.414
10	00:01:44.255	4.24	12:24:08.669
11	00:01:53.479	4.26	12:26:02.148
12	00:01:54.744	4.27	12:27:56.892
13	00:01:55.743	4.29	12:29:52.635
14	00:01:54.742	4.30	12:31:47.377
15	00:01:53.494	4.31	12:33:40.871
16	00:01:48.492	4.31	12:35:29.363
17	00:01:54.493	4.32	12:37:23.856

Laps: 17**Distance:** 6800**Tot. Time:** 00:30:53.123

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2

Name: Monteverde

Fraction: 3

#	Lap Time	Speed	Time
1	00:01:58.489	4.56	11:08:35.911
2	00:01:39.994	4.33	11:10:15.905
3	00:01:49.992	4.33	11:12:05.897
4	00:01:49.743	4.33	11:13:55.640
5	00:01:52.494	4.35	11:15:48.134
6	00:01:49.993	4.35	11:17:38.127
7	00:01:48.243	4.34	11:19:26.370
8	00:01:50.243	4.34	11:21:16.613
9	00:01:47.743	4.34	11:23:04.356
10	00:01:50.743	4.34	11:24:55.099
11	00:01:53.241	4.35	11:26:48.340
12	00:01:52.493	4.35	11:28:40.833
13	00:01:52.243	4.36	11:30:33.076
14	00:01:54.244	4.36	11:32:27.320
15	00:01:51.243	4.36	11:34:18.563
16	00:01:49.245	4.36	11:36:07.808
17	00:01:47.504	4.36	11:37:55.312

Laps: 17

Distance: 6800

Tot. Time: 00:31:17.890

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Delta Spedizioni

Name: Medica Simone

Fraction: 5

#	Lap Time	Speed	Time
1	00:01:25.245	3.33	12:09:39.211
2	00:01:44.245	3.56	12:11:23.456
3	00:01:41.244	4.02	12:13:04.700
4	00:01:41.249	4.04	12:14:45.949
5	00:01:41.490	4.06	12:16:27.439
6	00:01:42.494	4.08	12:18:09.933
7	00:01:43.238	4.09	12:19:53.171
8	00:01:44.244	4.11	12:21:37.415
9	00:01:43.493	4.11	12:23:20.908
10	00:01:45.243	4.13	12:25:06.151
11	00:01:45.994	4.14	12:26:52.145
12	00:01:46.494	4.15	12:28:38.639
13	00:01:47.244	4.16	12:30:25.883
14	00:01:46.743	4.16	12:32:12.626
15	00:01:47.493	4.17	12:34:00.119
16	00:01:47.493	4.18	12:35:47.612
17	00:01:46.993	4.18	12:37:34.605

Laps: 17

Distance: 6800

Tot. Time: 00:29:20.639

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Sciacca

Fraction: 10

#	Lap Time	Speed	Time
1	00:01:41.744	4.14	14:40:05.601
2	00:01:39.491	4.11	14:41:45.092
3	00:01:47.251	4.17	14:43:32.343
4	00:01:45.992	4.19	14:45:18.335
5	00:01:48.241	4.21	14:47:06.576
6	00:01:46.232	4.22	14:48:52.808
7	00:01:48.991	4.23	14:50:41.799
8	00:01:48.242	4.24	14:52:30.041
9	00:01:47.491	4.24	14:54:17.532
10	00:01:48.741	4.25	14:56:06.273
11	00:01:48.242	4.26	14:57:54.515
12	00:01:48.241	4.26	14:59:42.756
13	00:01:50.242	4.27	15:01:32.998
14	00:01:49.242	4.27	15:03:22.240
15	00:01:49.491	4.27	15:05:11.731
16	00:01:49.492	4.28	15:07:01.223

Laps: 16

Distance: 6400

Tot. Time: 00:28:37.366

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2

Name: Poto

Fraction: 4

#	Lap Time	Speed	Time
1	00:01:37.743	4.04	11:39:33.055
2	00:01:44.244	4.12	11:41:17.299
3	00:01:48.243	4.18	11:43:05.542
4	00:01:48.745	4.21	11:44:54.287
5	00:01:48.744	4.23	11:46:43.031
6	00:01:49.745	4.25	11:48:32.776
7	00:01:49.743	4.26	11:50:22.519
8	00:01:50.244	4.27	11:52:12.763
9	00:01:53.994	4.29	11:54:06.757
10	00:01:51.754	4.30	11:55:58.511
11	00:01:55.747	4.32	11:57:54.258
12	00:01:55.734	4.33	11:59:49.992
13	00:01:54.994	4.34	12:01:44.986
14	00:01:56.994	4.36	12:03:41.980
15	00:01:55.744	4.37	12:05:37.724
16	00:01:56.744	4.37	12:07:34.468

Laps: 16

Distance: 6400

Tot. Time: 00:29:39.156

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2

Name: Leverone

Fraction: 1

#	Lap Time	Speed	Time
1	00:01:35.808	3.59	10:10:02.926
2	00:01:45.988	4.12	10:11:48.914
3	00:01:45.741	4.16	10:13:34.655
4	00:01:47.992	4.19	10:15:22.647
5	00:01:45.742	4.20	10:17:08.389
6	00:01:48.492	4.22	10:18:56.881
7	00:01:48.242	4.23	10:20:45.123
8	00:01:47.742	4.24	10:22:32.865
9	00:01:47.742	4.24	10:24:20.607
10	00:01:47.244	4.25	10:26:07.851
11	00:01:45.982	4.25	10:27:53.833
12	00:01:47.242	4.25	10:29:41.075
13	00:01:46.743	4.25	10:31:27.818
14	00:01:47.403	4.25	10:33:15.221
15	00:01:47.578	4.25	10:35:02.799
16	00:01:46.991	4.26	10:36:49.790

Laps: 16

Distance: 6400

Tot. Time: 00:28:22.672

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 1**Name:** Bussetti**Fraction:** 4

#	Lap Time	Speed	Time
1	00:01:52.476	3.05	12:11:53.455
2	00:01:50.742	2.55	12:13:44.197
3	00:01:46.245	3.18	12:15:30.442
4	00:01:48.244	3.32	12:17:18.686
5	00:01:47.747	3.42	12:19:06.433
6	00:01:44.484	3.47	12:20:50.917
7	00:01:46.244	3.52	12:22:37.161
8	00:01:45.753	3.56	12:24:22.914
9	00:01:47.234	3.59	12:26:10.148
10	00:01:45.493	4.01	12:27:55.641
11	00:01:44.494	4.03	12:29:40.135
12	00:01:45.493	4.04	12:31:25.628
13	00:01:46.500	4.06	12:33:12.128
14	00:01:46.237	4.07	12:34:58.365
15	00:01:45.997	4.08	12:36:44.362

Laps: 15**Distance:** 6000**Tot. Time:** 00:26:31.149

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 1

Name: Cintoli

Fraction: 6

#	Lap Time	Speed	Time
1	00:02:56.740	7.21	13:08:41.995
2	00:01:49.249	5.57	13:10:31.244
3	00:01:49.991	5.29	13:12:21.235
4	00:02:08.240	5.27	13:14:29.475
5	00:01:43.244	5.13	13:16:12.719
6	00:01:45.496	5.05	13:17:58.215
7	00:01:46.988	4.59	13:19:45.203
8	00:01:48.736	4.56	13:21:33.939
9	00:01:51.745	4.54	13:23:25.684
10	00:01:52.739	4.53	13:25:18.423
11	00:01:53.244	4.52	13:27:11.667
12	00:01:52.744	4.51	13:29:04.411
13	00:01:52.490	4.50	13:30:56.901
14	00:01:54.237	4.50	13:32:51.138
15	00:01:51.739	4.49	13:34:42.877
16	00:01:53.487	4.49	13:36:36.364

Laps: 16

Distance: 6400

Tot. Time: 00:30:51.109

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2

Name: Ghironi

Fraction: 5

#	Lap Time	Speed	Time
1	00:01:53.744	4.44	12:09:28.212
2	00:01:35.746	4.21	12:11:03.958
3	00:01:41.494	4.19	12:12:45.452
4	00:01:43.993	4.19	12:14:29.445
5	00:01:44.494	4.19	12:16:13.939
6	00:01:47.495	4.21	12:18:01.434
7	00:01:51.237	4.23	12:19:52.671
8	00:01:51.743	4.25	12:21:44.414
9	00:01:52.993	4.27	12:23:37.407
10	00:01:53.743	4.29	12:25:31.150
11	00:01:51.923	4.30	12:27:23.073
12	00:01:51.063	4.30	12:29:14.136
13	00:01:49.744	4.31	12:31:03.880
14	00:01:53.243	4.31	12:32:57.123
15	00:01:51.993	4.32	12:34:49.116
16	00:01:53.003	4.33	12:36:42.119

Laps: 16

Distance: 6400

Tot. Time: 00:29:07.651

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2

Name: Mineo

Fraction: 8

#	Lap Time	Speed	Time
1	00:02:00.506	5.01	13:38:35.620
2	00:01:42.493	4.38	13:40:18.113
3	00:01:46.743	4.34	13:42:04.856
4	00:01:46.754	4.32	13:43:51.610
5	00:01:47.994	4.32	13:45:39.604
6	00:01:49.494	4.32	13:47:29.098
7	00:01:49.994	4.32	13:49:19.092
8	00:01:50.495	4.33	13:51:09.587
9	00:01:50.493	4.33	13:53:00.080
10	00:01:53.244	4.34	13:54:53.324
11	00:01:51.006	4.34	13:56:44.330
12	00:01:48.991	4.34	13:58:33.321
13	00:01:49.483	4.34	14:00:22.804
14	00:01:54.242	4.35	14:02:17.046
15	00:01:53.721	4.35	14:04:10.767
16	00:01:53.001	4.36	14:06:03.768

Laps: 16

Distance: 6400

Tot. Time: 00:29:28.654

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG**Name:** Campolo**Fraction:** 2

#	Lap Time	Speed	Time
1	00:02:19.482	5.48	10:38:57.023
2	00:01:49.744	5.11	10:40:46.767
3	00:01:53.241	5.02	10:42:40.008
4	00:01:49.996	4.55	10:44:30.004
5	00:01:46.486	4.49	10:46:16.490
6	00:01:48.488	4.46	10:48:04.978
7	00:01:47.491	4.43	10:49:52.469
8	00:01:49.742	4.42	10:51:42.211
9	00:01:51.240	4.42	10:53:33.451
10	00:01:50.757	4.41	10:55:24.208
11	00:01:51.243	4.41	10:57:15.451
12	00:01:54.994	4.41	10:59:10.445
13	00:01:51.993	4.41	11:01:02.438
14	00:01:51.743	4.41	11:02:54.181
15	00:01:51.744	4.41	11:04:45.925
16	00:01:51.003	4.41	11:06:36.928

Laps: 16**Distance:** 6400**Tot. Time:** 00:29:59.387

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Firpo

Fraction: 1

#	Lap Time	Speed	Time
1	00:01:31.054	3.47	10:09:58.172
2	00:01:42.993	4.02	10:11:41.165
3	00:01:45.991	4.10	10:13:27.156
4	00:01:46.743	4.14	10:15:13.899
5	00:01:46.991	4.16	10:17:00.890
6	00:01:47.492	4.18	10:18:48.382
7	00:01:49.751	4.21	10:20:38.133
8	00:01:48.233	4.22	10:22:26.366
9	00:01:48.991	4.23	10:24:15.357
10	00:01:51.993	4.25	10:26:07.350
11	00:01:50.233	4.26	10:27:57.583
12	00:01:50.742	4.26	10:29:48.325
13	00:01:55.741	4.28	10:31:44.066
14	00:01:52.489	4.29	10:33:36.555
15	00:01:55.995	4.30	10:35:32.550
16	00:01:59.498	4.32	10:37:32.048

Laps: 16

Distance: 6400

Tot. Time: 00:29:04.930

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 2

Name: Stagnaro

Fraction: 10

#	Lap Time	Speed	Time
1	00:01:56.488	4.51	15:39:23.545
2	00:02:00.489	4.56	15:41:24.034
3	00:02:01.493	4.58	15:43:25.527
4	00:01:56.496	4.56	15:45:22.023
5	00:01:54.729	4.54	15:47:16.752
6	00:01:57.739	4.54	15:49:14.491
7	00:01:56.989	4.54	15:51:11.480
8	00:01:55.740	4.53	15:53:07.220
9	00:01:56.752	4.53	15:55:03.972
10	00:01:56.989	4.53	15:57:00.961
11	00:01:57.987	4.53	15:58:58.948
12	00:01:56.488	4.53	16:00:55.436
13	00:01:55.740	4.53	16:02:51.176
14	00:01:58.010	4.53	16:04:49.186
15	00:01:56.492	4.53	16:06:45.678
16	00:01:52.502	4.52	16:08:38.180

Laps: 16

Distance: 6400

Tot. Time: 00:31:11.123

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2

Name: Fanni

Fraction: 7

#	Lap Time	Speed	Time
1	00:01:35.244	3.58	13:09:17.243
2	00:01:34.496	3.57	13:10:51.739
3	00:01:45.243	4.05	13:12:36.982
4	00:01:47.494	4.11	13:14:24.476
5	00:01:47.254	4.14	13:16:11.730
6	00:01:44.981	4.16	13:17:56.711
7	00:01:47.742	4.18	13:19:44.453
8	00:01:48.986	4.19	13:21:33.439
9	00:01:51.991	4.22	13:23:25.430
10	00:01:52.742	4.24	13:25:18.172
11	00:01:52.993	4.25	13:27:11.165
12	00:01:52.741	4.27	13:29:03.906
13	00:01:52.492	4.28	13:30:56.398
14	00:01:54.235	4.29	13:32:50.633
15	00:01:51.491	4.30	13:34:42.124
16	00:01:52.990	4.30	13:36:35.114

Laps: 16

Distance: 6400

Tot. Time: 00:28:53.115

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 2

Name: Boero

Fraction: 6

#	Lap Time	Speed	Time
1	00:01:46.493	4.26	13:39:18.617
2	00:01:47.992	4.28	13:41:06.609
3	00:01:58.754	4.37	13:43:05.363
4	00:01:57.243	4.41	13:45:02.606
5	00:01:58.244	4.44	13:47:00.850
6	00:01:56.504	4.45	13:48:57.354
7	00:01:57.983	4.46	13:50:55.337
8	00:01:56.994	4.47	13:52:52.331
9	00:01:57.745	4.48	13:54:50.076
10	00:01:57.491	4.48	13:56:47.567
11	00:01:57.744	4.49	13:58:45.311
12	00:01:57.993	4.49	14:00:43.304
13	00:01:59.242	4.50	14:02:42.546
14	00:01:57.718	4.50	14:04:40.264
15	00:01:53.491	4.50	14:06:33.755
16	00:01:57.240	4.50	14:08:30.995

Laps: 16

Distance: 6400

Tot. Time: 00:30:58.871

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2

Name: Raggi

Fraction: 12

#	Lap Time	Speed	Time
1	00:01:45.741	4.24	15:39:35.545
2	00:02:00.989	4.43	15:41:36.534
3	00:01:58.238	4.47	15:43:34.772
4	00:01:57.490	4.49	15:45:32.262
5	00:01:54.989	4.48	15:47:27.251
6	00:01:55.239	4.48	15:49:22.490
7	00:01:53.739	4.48	15:51:16.229
8	00:01:52.990	4.47	15:53:09.219
9	00:01:52.253	4.46	15:55:01.472
10	00:01:53.489	4.46	15:56:54.961
11	00:01:54.750	4.46	15:58:49.711
12	00:01:54.479	4.46	16:00:44.190
13	00:01:52.990	4.46	16:02:37.180
14	00:01:54.507	4.46	16:04:31.687
15	00:01:55.742	4.46	16:06:27.429
16	00:02:02.991	4.47	16:08:30.420

Laps: 16

Distance: 6400

Tot. Time: 00:30:40.616

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3

Name: Della Lucia

Fraction: 7

#	Lap Time	Speed	Time
1	00:01:59.985	4.59	13:08:42.248
2	00:01:48.751	4.45	13:10:30.999
3	00:01:49.984	4.42	13:12:20.983
4	00:01:50.494	4.40	13:14:11.477
5	00:01:51.743	4.40	13:16:03.220
6	00:01:54.247	4.41	13:17:57.467
7	00:01:55.736	4.42	13:19:53.203
8	00:01:55.485	4.43	13:21:48.688
9	00:01:55.240	4.43	13:23:43.928
10	00:01:55.241	4.44	13:25:39.169
11	00:01:55.994	4.44	13:27:35.163
12	00:01:54.751	4.44	13:29:29.914
13	00:01:56.732	4.45	13:31:26.646
14	00:01:55.484	4.45	13:33:22.130
15	00:01:54.992	4.45	13:35:17.122
16	00:01:51.489	4.45	13:37:08.611

Laps: 16

Distance: 6400

Tot. Time: 00:30:26.348

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3

Name: Lizzani

Fraction: 10

#	Lap Time	Speed	Time
1	00:01:39.742	4.09	14:39:14.603
2	00:01:52.992	4.25	14:41:07.595
3	00:01:52.501	4.31	14:43:00.096
4	00:01:52.981	4.33	14:44:53.077
5	00:01:52.992	4.35	14:46:46.069
6	00:01:53.491	4.36	14:48:39.560
7	00:01:57.239	4.39	14:50:36.799
8	00:01:57.491	4.41	14:52:34.290
9	00:01:57.241	4.42	14:54:31.531
10	00:01:58.501	4.43	14:56:30.032
11	00:01:57.730	4.44	14:58:27.762
12	00:01:57.741	4.45	15:00:25.503
13	00:01:56.991	4.46	15:02:22.494
14	00:01:57.240	4.46	15:04:19.734
15	00:01:56.742	4.46	15:06:16.476
16	00:01:53.742	4.46	15:08:10.218

Laps: 16

Distance: 6400

Tot. Time: 00:30:35.357

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3

Name: Calabrese

Fraction: 11

#	Lap Time	Speed	Time
1	00:01:45.742	4.24	15:09:55.960
2	00:01:48.494	4.27	15:11:44.454
3	00:01:54.491	4.33	15:13:38.945
4	00:01:49.992	4.34	15:15:28.937
5	00:01:56.251	4.37	15:17:25.188
6	00:01:55.481	4.39	15:19:20.669
7	00:01:58.492	4.41	15:21:19.161
8	00:01:57.230	4.43	15:23:16.391
9	00:01:59.491	4.44	15:25:15.882
10	00:02:00.490	4.46	15:27:16.372
11	00:01:55.984	4.46	15:29:12.356
12	00:01:54.738	4.46	15:31:07.094
13	00:01:59.236	4.47	15:33:06.330
14	00:02:02.239	4.48	15:35:08.569
15	00:02:00.239	4.49	15:37:08.808

Laps: 15

Distance: 6000

Tot. Time: 00:28:58.590

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Zena Runners

Name: Kurantowiz

Fraction: 5

#	Lap Time	Speed	Time
1	00:01:49.994	4.34	12:08:38.465
2	00:01:46.494	4.30	12:10:24.959
3	00:01:49.494	4.31	12:12:14.453
4	00:01:47.744	4.31	12:14:02.197
5	00:01:49.244	4.31	12:15:51.441
6	00:01:50.994	4.32	12:17:42.435
7	00:01:52.994	4.33	12:19:35.429
8	00:02:02.504	4.33	12:23:24.919
9	00:01:23.745	4.32	12:25:20.651
10	00:01:56.247	4.33	12:27:17.144
11	00:01:55.743	4.32	12:29:12.887
12	00:01:58.244	4.33	12:31:11.131
13	00:01:59.241	4.33	12:33:10.372
14	00:01:59.492	4.33	12:35:09.864
15	00:01:59.244	4.33	12:37:09.108

Laps: 15

Distance: 6000

Tot. Time: 00:27:01.418

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Zena Runners

Name: Zingarelli

Fraction: 6

#	Lap Time	Speed	Time
1	00:01:48.742	4.31	12:38:57.850
2	00:01:41.485	4.22	12:40:39.335
3	00:01:49.241	4.26	12:42:28.576
4	00:01:52.742	4.30	12:44:21.318
5	00:01:53.992	4.33	12:46:15.310
6	00:01:58.992	4.37	12:48:14.302
7	00:02:00.754	4.40	12:50:15.056
8	00:01:59.741	4.43	12:52:14.797
9	00:02:02.742	4.45	12:54:17.539
10	00:02:02.501	4.47	12:56:20.040
11	00:02:02.493	4.49	12:58:22.533
12	00:02:05.992	4.51	13:00:28.525
13	00:02:05.242	4.53	13:02:33.767
14	00:02:06.742	4.54	13:04:40.509
15	00:02:05.993	4.56	13:06:46.502

Laps: 15

Distance: 6000

Tot. Time: 00:29:37.394

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Zena Runners

Name: Salvidio

Fraction: 4

#	Lap Time	Speed	Time
1	00:02:10.503	5.26	11:40:05.062
2	00:01:53.236	5.04	11:41:58.298
3	00:01:55.243	4.59	11:43:53.541
4	00:01:53.744	4.55	11:45:47.285
5	00:01:54.493	4.53	11:47:41.778
6	00:01:56.493	4.53	11:49:38.271
7	00:01:58.246	4.53	11:51:36.517
8	00:01:57.492	4.53	11:53:34.009
9	00:01:52.745	4.52	11:55:26.754
10	00:01:55.496	4.51	11:57:22.250
11	00:01:54.745	4.51	11:59:16.995
12	00:01:51.993	4.50	12:01:08.988
13	00:01:52.244	4.49	12:03:01.232
14	00:01:53.745	4.49	12:04:54.977
15	00:01:53.494	4.48	12:06:48.471

Laps: 15

Distance: 6000

Tot. Time: 00:28:53.912

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2

Name: Frezza

Fraction: 2

#	Lap Time	Speed	Time
1	00:03:06.233	7.45	10:38:37.779
2	00:01:53.239	6.14	10:40:31.018
3	00:01:55.743	5.46	10:42:26.761
4	00:01:57.735	5.33	10:44:24.496
5	00:02:00.990	5.26	10:46:25.486
6	00:02:00.991	5.22	10:48:26.477
7	00:02:01.488	5.20	10:50:27.965
8	00:01:59.241	5.17	10:52:27.206
9	00:01:59.765	5.15	10:54:26.971
10	00:01:57.733	5.13	10:56:24.704
11	00:02:01.243	5.12	10:58:25.947
12	00:02:00.243	5.11	11:00:26.190
13	00:01:58.555	5.10	11:02:24.745
14	00:02:01.430	5.09	11:04:26.175
15	00:01:58.243	5.08	11:06:24.418

Laps: 15

Distance: 6000

Tot. Time: 00:30:52.872

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG**Name:** Torsani**Fraction:** 8

#	Lap Time	Speed	Time
1	00:01:56.992	4.52	13:40:02.864
2	00:01:50.992	4.44	13:41:53.856
3	00:01:53.754	4.44	13:43:47.610
4	00:01:44.246	4.38	13:45:31.856
5	00:01:42.743	4.34	13:47:14.599
6	00:01:49.994	4.34	13:49:04.593
7	00:01:54.244	4.36	13:50:58.837
8	00:01:52.743	4.36	13:52:51.580
9	00:01:53.222	4.37	13:54:44.802
10	00:01:59.017	4.39	13:56:43.819
11	00:02:04.741	4.42	13:58:48.560
12	00:02:08.992	4.45	14:00:57.552
13	00:02:10.007	4.48	14:03:07.559
14	00:02:03.703	4.50	14:05:11.262
15	00:02:04.750	4.51	14:07:16.012

Laps: 15**Distance:** 6000**Tot. Time:** 00:29:10.140

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Pichetto

Fraction: 4

#	Lap Time	Speed	Time
1	00:01:39.994	4.09	11:40:03.302
2	00:01:58.994	4.33	11:42:02.296
3	00:01:58.746	4.41	11:44:01.042
4	00:02:00.242	4.46	11:46:01.284
5	00:01:59.993	4.48	11:48:01.277
6	00:02:00.993	4.51	11:50:02.270
7	00:02:00.745	4.52	11:52:03.015
8	00:02:01.242	4.54	11:54:04.257
9	00:02:00.994	4.54	11:56:05.251
10	00:02:00.496	4.55	11:58:05.747
11	00:02:02.994	4.56	12:00:08.741
12	00:02:03.744	4.57	12:02:12.485
13	00:02:04.744	4.58	12:04:17.229
14	00:02:01.993	4.59	12:06:19.222
15	00:02:04.993	5.00	12:08:24.215

Laps: 15

Distance: 6000

Tot. Time: 00:30:00.907

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 2**Name:** Cimonetti**Fraction:** 9

#	Lap Time	Speed	Time
1	00:01:40.493	4.11	15:09:59.460
2	00:01:59.242	4.34	15:11:58.702
3	00:02:00.241	4.43	15:13:58.943
4	00:01:58.003	4.46	15:15:56.946
5	00:01:57.479	4.47	15:17:54.425
6	00:01:56.742	4.48	15:19:51.167
7	00:01:57.502	4.49	15:21:48.669
8	00:01:57.470	4.49	15:23:46.139
9	00:01:56.990	4.50	15:25:43.129
10	00:01:57.983	4.50	15:27:41.112
11	00:01:57.995	4.50	15:29:39.107
12	00:01:56.733	4.51	15:31:35.840
13	00:01:56.738	4.51	15:33:32.578
14	00:01:57.490	4.51	15:35:30.068
15	00:01:56.989	4.51	15:37:27.057

Laps: 15**Distance:** 6000**Tot. Time:** 00:29:08.090

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 3

Name: DeLucchi

Fraction: 3

#	Lap Time	Speed	Time
1	00:02:00.244	5.00	11:09:22.659
2	00:02:00.491	5.00	11:11:23.150
3	00:02:03.993	5.03	11:13:27.143
4	00:02:01.743	5.04	11:15:28.886
5	00:02:01.491	5.03	11:17:30.377
6	00:02:02.742	5.04	11:19:33.119
7	00:02:04.496	5.05	11:21:37.615
8	00:02:05.739	5.06	11:23:43.354
9	00:02:04.740	5.07	11:25:48.094
10	00:02:04.492	5.07	11:27:52.586
11	00:02:03.992	5.07	11:29:56.578
12	00:02:04.994	5.08	11:32:01.572
13	00:02:05.242	5.08	11:34:06.814
14	00:02:04.995	5.08	11:36:11.809
15	00:02:04.258	5.08	11:38:16.067

Laps: 15

Distance: 6000

Tot. Time: 00:30:53.652

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Masi

Fraction: 7

#	Lap Time	Speed	Time
1	00:03:10.989	7.57	13:08:38.245
2	00:01:39.995	6.03	13:10:18.240
3	00:01:50.743	5.34	13:12:08.983
4	00:01:55.744	5.23	13:14:04.727
5	00:02:00.243	5.18	13:16:04.970
6	00:02:01.990	5.16	13:18:06.960
7	00:02:01.991	5.14	13:20:08.951
8	00:02:03.485	5.14	13:22:12.436
9	00:02:05.740	5.14	13:24:18.176
10	00:02:06.739	5.14	13:26:24.915
11	00:02:06.495	5.14	13:28:31.410
12	00:02:05.489	5.14	13:30:36.899
13	00:02:08.484	5.15	13:32:45.383
14	00:02:06.740	5.15	13:34:52.123
15	00:02:06.989	5.15	13:36:59.112

Laps: 15

Distance: 6000

Tot. Time: 00:31:31.856

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 1

Name: Frezza

Fraction: 9

#	Lap Time	Speed	Time
1	00:02:19.482	5.50	14:38:57.023
2	00:01:49.744	5.11	14:40:46.767
3	00:01:53.241	5.02	14:42:40.008
4	00:01:49.996	4.56	14:44:30.004
5	00:01:46.486	4.50	14:46:16.490
6	00:01:48.488	4.47	14:48:04.978
7	00:01:47.491	4.44	14:49:52.469
8	00:01:49.742	4.42	14:51:42.211
9	00:01:51.240	4.43	14:53:33.451
10	00:01:50.757	4.42	14:55:24.208
11	00:01:51.243	4.42	14:57:15.451
12	00:01:54.994	4.41	14:59:10.445
13	00:01:51.993	4.41	15:01:02.438
14	00:01:51.743	4.41	15:02:54.181
15	00:01:51.744	4.41	15:04:45.925
16	00:01:51.003	4.41	15:06:36.928

Laps: 16

Distance: 6400

Tot. Time: 00:32:50.126

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Zena Runners

Name: Finauri

Fraction: 8

#	Lap Time	Speed	Time
1	00:02:12.808	6.32	13:38:46.507
2	00:02:07.418	6.14	13:40:31.018
3	00:02:05.175	5.46	13:42:26.761
4	00:02:06.745	5.33	13:44:24.496
5	00:02:05.190	5.26	13:46:25.486
6	00:02:06.947	5.22	13:48:26.477
7	00:02:05.704	5.20	13:50:27.965
8	00:02:05.971	5.17	13:52:27.206
9	00:02:05.206	5.15	13:54:26.971
10	00:02:04.965	5.13	13:56:24.704
11	00:02:07.477	5.12	13:58:25.947
12	00:02:06.486	5.11	14:00:26.190
13	00:02:01.496	5.10	14:02:24.745
14	00:02:03.761	5.09	14:04:26.175
15	00:01:54.018	5.08	14:06:24.418
16	00:01:57.796	5.08	14:07:41.418

Laps: 16

Distance: 6400

Tot. Time: 00:28:12.808

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 2**Name:** Bafico**Fraction:** 4

#	Lap Time	Speed	Time
1	00:01:45.735	4.24	12:39:49.588
2	00:01:51.242	4.31	12:41:40.830
3	00:01:53.242	4.35	12:43:34.072
4	00:01:53.247	4.37	12:45:27.319
5	00:01:54.486	4.38	12:47:21.805
6	00:01:55.992	4.40	12:49:17.797
7	00:01:56.014	4.42	12:51:13.811
8	00:01:55.233	4.42	12:53:09.044
9	00:01:57.745	4.44	12:55:06.789
10	00:01:58.248	4.45	12:57:05.037
11	00:01:58.743	4.46	12:59:03.780
12	00:01:57.743	4.47	13:01:01.523
13	00:01:58.742	4.47	13:03:00.265
14	00:01:59.993	4.48	13:05:00.258
15	00:01:59.993	4.49	13:07:00.251

Laps: 15**Distance:** 6000**Tot. Time:** 00:28:56.398

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 3

Name: Prinapori

Fraction: 7

#	Lap Time	Speed	Time
1	00:02:02.480	5.06	14:09:43.229
2	00:01:51.490	4.52	14:11:34.719
3	00:01:58.991	4.54	14:13:33.710
4	00:01:58.999	4.54	14:15:32.709
5	00:01:58.229	4.55	14:17:30.938
6	00:02:00.998	4.56	14:19:31.936
7	00:02:00.991	4.57	14:21:32.927
8	00:02:01.740	4.58	14:23:34.667
9	00:02:01.247	4.58	14:25:35.914
10	00:02:01.741	4.59	14:27:37.655
11	00:02:02.741	4.59	14:29:40.396
12	00:02:02.991	5.00	14:31:43.387
13	00:02:03.741	5.01	14:33:47.128
14	00:02:03.740	5.01	14:35:50.868
15	00:02:03.751	5.02	14:37:54.619

Laps: 15

Distance: 6000

Tot. Time: 00:30:13.870

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Brunella Clementina

Fraction: 11

#	Lap Time	Speed	Time
1	00:01:44.493	4.21	15:08:45.716
2	00:01:52.742	4.31	15:10:38.458
3	00:01:50.991	4.33	15:12:29.449
4	00:01:59.992	4.40	15:14:29.441
5	00:02:03.491	4.45	15:16:32.932
6	00:02:12.742	4.53	15:18:45.674
7	00:02:15.744	5.00	15:21:01.418
8	00:02:12.866	5.04	15:23:14.284
9	00:02:10.347	5.06	15:25:24.631
10	00:02:01.236	5.06	15:27:25.867
11	00:02:12.984	5.08	15:29:38.851
12	00:02:07.239	5.09	15:31:46.090
13	00:02:06.486	5.09	15:33:52.576
14	00:02:09.738	5.10	15:36:02.314
15	00:02:01.489	5.10	15:38:03.803

Laps: 15

Distance: 6000

Tot. Time: 00:31:02.580

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 2

Name: Paronuzzi

Fraction: 10

#	Lap Time	Speed	Time
1	00:01:48.742	4.31	14:39:21.353
2	00:01:58.241	4.43	14:41:19.594
3	00:02:01.241	4.50	14:43:20.835
4	00:01:56.990	4.50	14:45:17.825
5	00:01:55.240	4.50	14:47:13.065
6	00:02:00.741	4.52	14:49:13.806
7	00:01:57.001	4.52	14:51:10.807
8	00:02:02.730	4.54	14:53:13.537
9	00:01:58.991	4.54	14:55:12.528
10	00:02:04.240	4.56	14:57:16.768
11	00:02:01.240	4.56	14:59:18.008
12	00:02:03.241	4.57	15:01:21.249
13	00:02:00.251	4.57	15:03:21.500
14	00:01:49.231	4.56	15:05:10.731
15	00:01:53.741	4.55	15:07:04.472

Laps: 15

Distance: 6000

Tot. Time: 00:29:31.861

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Pessi

Fraction: 12

#	Lap Time	Speed	Time
1	00:01:49.500	4.33	15:39:53.303
2	00:01:49.481	4.33	15:41:42.784
3	00:01:58.738	4.41	15:43:41.522
4	00:02:01.239	4.46	15:45:42.761
5	00:02:04.488	4.51	15:47:47.249
6	00:02:06.989	4.56	15:49:54.238
7	00:02:09.436	4.59	15:52:03.674
8	00:02:11.051	5.03	15:54:14.725
9	00:02:15.488	5.07	15:56:30.213
10	00:02:12.750	5.09	15:58:42.963
11	00:02:16.473	5.12	16:00:59.436
12	00:02:10.738	5.13	16:03:10.174
13	00:02:15.510	5.15	16:05:25.684
14	00:02:15.000	5.17	16:07:40.684
15	00:01:55.728	5.15	16:09:36.412

Laps: 15

Distance: 6000

Tot. Time: 00:31:32.609

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 1

Name: Roncone

Fraction: 11

#	Lap Time	Speed	Time
1	00:02:21.987	5.54	15:41:02.437
2	00:01:54.739	5.20	15:43:06.989
3	00:01:58.739	5.12	15:45:08.418
4	00:01:59.989	5.09	15:46:12.489
5	00:01:57.489	5.06	15:48:11.986
6	00:01:56.989	5.04	15:50:08.490
7	00:01:58.489	5.03	15:52:06.758
8	00:01:59.751	5.02	15:54:04.752
9	00:02:00.740	5.02	15:56:03.481
10	00:02:01.489	5.02	15:58:03.000
11	00:02:02.986	5.03	16:00:04.489
12	00:02:01.490	5.03	16:02:56.585
13	00:02:05.758	5.03	16:04:57.685
14	00:02:04.752	5.04	16:07:02.437
15	00:01:57.481	5.03	16:08:59.918

Laps: 15

Distance: 6000

Tot. Time: 00:30:22.868

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2

Name: Raso

Fraction: 10

#	Lap Time	Speed	Time
1	00:01:24.244	3.30	14:38:48.856
2	00:01:59.241	4.14	14:40:48.097
3	00:02:04.739	4.33	14:42:52.836
4	00:02:04.990	4.43	14:44:57.826
5	00:02:03.490	4.48	14:47:01.316
6	00:02:00.741	4.50	14:49:02.057
7	00:02:00.991	4.52	14:51:03.048
8	00:01:59.240	4.53	14:53:02.288
9	00:02:00.490	4.53	14:55:02.778
10	00:02:00.242	4.54	14:57:03.020
11	00:02:02.489	4.55	14:59:05.509
12	00:02:01.994	4.56	15:01:07.503
13	00:01:59.738	4.56	15:03:07.241
14	00:02:00.990	4.57	15:05:08.231
15	00:02:00.501	4.57	15:07:08.732

Laps: 15

Distance: 6000

Tot. Time: 00:29:44.120

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Zena Runners**Name:** Russo**Fraction:** 2

#	Lap Time	Speed	Time
1	00:01:45.203	5.29	10:39:12.275
2	00:01:42.533	4.15	10:40:54.766
3	00:01:47.591	4.19	10:42:42.259
4	00:01:47.092	4.21	10:44:29.244
5	00:01:46.791	4.22	10:46:15.986
6	00:01:47.592	4.23	10:48:03.479
7	00:01:47.041	4.24	10:49:50.468
8	00:01:47.031	4.24	10:51:37.460
9	00:01:48.542	4.25	10:53:25.952
10	00:01:49.090	4.26	10:55:14.959
11	00:01:49.281	4.26	10:57:04.202
12	00:01:49.540	4.27	10:58:53.705
13	00:01:47.098	4.27	11:00:40.689
14	00:01:48.579	4.27	11:02:29.182
15	00:01:48.290	4.27	11:04:17.429
16	00:01:48.532	4.28	11:06:05.961
17	00:01:47.702	4.28	11:07:53.663

Laps: 17**Distance:** 6800**Tot. Time:** 00:31:52.828

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Olivari

Fraction: 8

#	Lap Time	Speed	Time
1	00:02:01.757	5.04	13:39:00.869
2	00:01:54.491	4.55	13:40:55.360
3	00:01:58.753	4.55	13:42:54.113
4	00:02:03.745	4.59	13:44:57.858
5	00:02:04.491	5.01	13:47:02.349
6	00:02:02.500	5.02	13:49:04.849
7	00:02:05.488	5.04	13:51:10.337
8	00:02:08.502	5.06	13:53:18.839
9	00:02:07.233	5.07	13:55:26.072
10	00:02:06.743	5.08	13:57:32.815
11	00:02:12.491	5.10	13:59:45.306
12	00:02:10.242	5.11	14:01:55.548
13	00:02:09.969	5.12	14:04:05.517
14	00:02:07.739	5.13	14:06:13.256

Laps: 14

Distance: 5600

Tot. Time: 00:29:14.144

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 3

Name: Oneto

Fraction: 2

#	Lap Time	Speed	Time
1	00:02:00.236	5.00	10:39:08.775
2	00:02:07.240	5.09	10:41:16.015
3	00:02:11.736	5.16	10:43:27.751
4	00:02:12.738	5.19	10:45:40.489
5	00:02:11.240	5.21	10:47:51.729
6	00:02:08.738	5.21	10:50:00.467
7	00:02:10.740	5.22	10:52:11.207
8	00:02:09.505	5.22	10:54:20.712
9	00:02:08.992	5.22	10:56:29.704
10	00:02:08.992	5.22	10:58:38.696
11	00:02:10.242	5.22	11:00:48.938
12	00:02:11.003	5.23	11:02:59.941
13	00:02:10.232	5.23	11:05:10.173
14	00:02:12.242	5.23	11:07:22.415

Laps: 14

Distance: 5600

Tot. Time: 00:30:13.876

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 3

Name: Canata

Fraction: 5

#	Lap Time	Speed	Time
1	00:01:58.736	4.56	12:39:17.592
2	00:01:49.742	4.45	12:41:07.334
3	00:02:02.739	4.52	12:43:10.073
4	00:02:05.492	4.57	12:45:15.565
5	00:02:08.251	5.02	12:47:23.816
6	00:02:05.481	5.04	12:49:29.297
7	00:02:10.752	5.07	12:51:40.049
8	00:02:08.493	5.09	12:53:48.542
9	00:02:10.748	5.11	12:55:59.290
10	00:02:09.243	5.12	12:58:08.533
11	00:02:10.245	5.13	13:00:18.778
12	00:02:07.489	5.14	13:02:26.267
13	00:02:08.492	5.14	13:04:34.759
14	00:02:07.243	5.14	13:06:42.002

Laps: 14

Distance: 5600

Tot. Time: 00:29:23.146

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG

Name: Giaufret

Fraction: 6

#	Lap Time	Speed	Time
1	00:01:42.742	4.16	12:39:06.598
2	00:02:12.733	4.54	12:41:19.331
3	00:02:13.241	5.07	12:43:32.572
4	00:02:11.491	5.12	12:45:44.063
5	00:02:12.240	5.16	12:47:56.303
6	00:02:12.752	5.18	12:50:09.055
7	00:02:16.242	5.21	12:52:25.297
8	00:02:10.991	5.22	12:54:36.288
9	00:02:10.500	5.23	12:56:46.788
10	00:02:09.743	5.23	12:58:56.531
11	00:02:12.991	5.24	13:01:09.522
12	00:02:11.491	5.24	13:03:21.013
13	00:02:11.749	5.24	13:05:32.762
14	00:02:09.493	5.24	13:07:42.255

Laps: 14

Distance: 5600

Tot. Time: 00:30:18.399

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3

Name: Casella

Fraction: 6

#	Lap Time	Speed	Time
1	00:01:35.736	3.59	12:39:24.590
2	00:01:37.492	4.01	12:41:02.082
3	00:01:53.242	4.15	12:42:55.324
4	00:01:56.492	4.24	12:44:51.816
5	00:02:01.742	4.32	12:46:53.558
6	00:01:59.741	4.36	12:48:53.299
7	00:02:07.253	4.42	12:51:00.552
8	00:02:09.742	4.47	12:53:10.294
9	00:02:12.998	4.52	12:55:23.292
10	00:02:14.493	4.57	12:57:37.785
11	00:02:18.243	5.01	12:59:56.028
12	00:02:19.239	5.05	13:02:15.267
13	00:02:14.244	5.07	13:04:29.511
14	00:02:12.752	5.09	13:06:42.263

Laps: 14

Distance: 5600

Tot. Time: 00:28:53.409

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG

Name: Moelders

Fraction: 10

#	Lap Time	Speed	Time
1	00:01:41.982	4.14	14:39:12.853
2	00:02:00.241	4.37	14:41:13.094
3	00:02:06.491	4.50	14:43:19.585
4	00:02:02.993	4.54	14:45:22.578
5	00:02:07.486	4.59	14:47:30.064
6	00:02:09.001	5.03	14:49:39.065
7	00:02:12.979	5.07	14:51:52.044
8	00:02:14.989	5.11	14:54:07.033
9	00:02:16.243	5.14	14:56:23.276
10	00:02:17.485	5.17	14:58:40.761
11	00:02:18.491	5.20	15:00:59.252
12	00:02:17.488	5.22	15:03:16.740
13	00:02:24.489	5.25	15:05:41.229
14	00:02:20.489	5.26	15:08:01.718

Laps: 14

Distance: 5600

Tot. Time: 00:30:30.847

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG**Name:** Guerrini**Fraction:** 11

#	Lap Time	Speed	Time
1	00:01:59.742	4.59	15:10:01.460
2	00:01:49.993	4.47	15:11:51.453
3	00:01:59.241	4.50	15:13:50.694
4	00:02:03.241	4.55	15:15:53.935
5	00:02:08.490	5.00	15:18:02.425
6	00:02:08.240	5.03	15:20:10.665
7	00:02:05.232	5.05	15:22:15.897
8	00:02:06.742	5.06	15:24:22.639
9	00:02:07.237	5.07	15:26:29.876
10	00:02:08.730	5.09	15:28:38.606
11	00:02:10.239	5.10	15:30:48.845
12	00:02:11.986	5.12	15:33:00.831
13	00:02:08.748	5.13	15:35:09.579
14	00:02:06.978	5.13	15:37:16.557

Laps: 14**Distance:** 5600**Tot. Time:** 00:29:14.839

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 2

Name: Sanguineti

Fraction: 7

#	Lap Time	Speed	Time
1	00:01:39.234	4.08	14:10:10.229
2	00:01:57.737	4.31	14:12:07.966
3	00:02:00.990	4.41	14:14:08.956
4	00:02:00.240	4.46	14:16:09.196
5	00:01:59.489	4.48	14:18:08.685
6	00:02:01.249	4.51	14:20:09.934
7	00:02:01.490	4.53	14:22:11.424
8	00:02:01.990	4.54	14:24:13.414
9	00:02:02.497	4.55	14:26:15.911
10	00:02:03.991	4.57	14:28:19.902
11	00:02:06.740	4.59	14:30:26.642
12	00:02:08.242	5.00	14:32:34.884
13	00:02:05.990	5.01	14:34:40.874
14	00:02:06.740	5.02	14:36:47.614

Laps: 14

Distance: 5600

Tot. Time: 00:28:16.619

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 3

Name: RealMolina

Fraction: 1

#	Lap Time	Speed	Time
1	00:01:41.306	4.13	10:10:08.424
2	00:01:59.970	4.36	10:12:08.394
3	00:02:01.509	4.45	10:14:09.903
4	00:02:02.991	4.51	10:16:12.894
5	00:02:06.490	4.56	10:18:19.384
6	00:02:06.240	4.59	10:20:25.624
7	00:02:04.491	5.01	10:22:30.115
8	00:02:04.991	5.02	10:24:35.106
9	00:02:05.741	5.03	10:26:40.847
10	00:02:05.482	5.04	10:28:46.329
11	00:02:05.241	5.05	10:30:51.570
12	00:02:04.988	5.06	10:32:56.558
13	00:02:06.001	5.06	10:35:02.559
14	00:02:05.980	5.07	10:37:08.539

Laps: 14

Distance: 5600

Tot. Time: 00:28:41.421

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG

Name: Moelders

Fraction: 7

#	Lap Time	Speed	Time
1	00:02:01.747	5.04	13:09:44.002
2	00:01:56.733	4.58	13:11:40.735
3	00:02:05.744	5.03	13:13:46.479
4	00:02:06.743	5.06	13:15:53.222
5	00:02:07.239	5.09	13:18:00.461
6	00:02:08.740	5.11	13:20:09.201
7	00:02:12.984	5.14	13:22:22.185
8	00:02:10.249	5.15	13:24:32.434
9	00:02:11.739	5.17	13:26:44.173
10	00:02:12.984	5.18	13:28:57.157
11	00:02:13.490	5.20	13:31:10.647
12	00:02:13.233	5.21	13:33:23.880
13	00:02:15.739	5.22	13:35:39.619
14	00:02:26.253	5.25	13:38:05.872

Laps: 14

Distance: 5600

Tot. Time: 00:30:23.617

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Zena Runners

Name: Cane

Fraction: 3

#	Lap Time	Speed	Time
1	00:01:09.389	4.55	11:09:36.407
2	00:02:11.242	4.52	11:11:47.648
3	00:02:19.791	5.11	11:14:07.390
4	00:02:19.542	5.20	11:16:26.882
5	00:02:20.291	5.26	11:18:47.122
6	00:02:21.541	5.31	11:21:08.613
7	00:02:22.741	5.34	11:23:31.354
8	00:02:23.541	5.27	11:25:54.844
9	00:02:24.092	5.40	11:28:18.835
10	00:02:23.539	5.42	11:30:42.325
11	00:02:23.704	5.43	11:33:06.071
12	00:02:23.092	5.44	11:35:29.059
13	00:02:25.591	5.46	11:37:54.559

Laps: 13

Distance: 5200

Tot. Time: 00:29:51.551

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 3

Name: Bagnasco

Fraction: 3

#	Lap Time	Speed	Time
1	00:01:22.994	3.27	11:09:09.658
2	00:01:49.994	4.01	11:10:59.652
3	00:02:03.992	4.24	11:13:03.644
4	00:02:07.492	4.37	11:15:11.136
5	00:02:07.992	4.46	11:17:19.128
6	00:02:08.242	4.51	11:19:27.370
7	00:02:09.751	4.56	11:21:37.121
8	00:02:10.982	5.00	11:23:48.103
9	00:02:13.000	5.04	11:26:01.103
10	00:02:12.992	5.06	11:28:14.095
11	00:02:16.731	5.10	11:30:30.826
12	00:02:17.743	5.12	11:32:48.569
13	00:02:16.991	5.15	11:35:05.560
14	00:02:23.000	5.18	11:37:28.560

Laps: 14

Distance: 5600

Tot. Time: 00:29:41.896

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG**Name:** Giaufret**Fraction:** 4

#	Lap Time	Speed	Time
1	00:02:22.241	5.55	11:38:43.306
2	00:02:01.994	5.30	11:40:45.300
3	00:02:05.243	5.24	11:42:50.543
4	00:02:08.493	5.23	11:44:59.036
5	00:02:08.244	5.23	11:47:07.280
6	00:02:08.743	5.22	11:49:16.023
7	00:02:07.743	5.22	11:51:23.766
8	00:02:08.993	5.22	11:53:32.759
9	00:02:08.743	5.22	11:55:41.502
10	00:02:10.006	5.22	11:57:51.508
11	00:02:07.234	5.22	11:59:58.742
12	00:02:08.493	5.22	12:02:07.235
13	00:02:10.744	5.22	12:04:17.979
14	00:02:12.754	5.23	12:06:30.733

Laps: 14**Distance:** 5600**Tot. Time:** 00:30:09.668

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Zena Runners

Name: Rjeder

Fraction: 7

#	Lap Time	Speed	Time
1	00:02:04.243	5.10	13:08:50.745
2	00:01:52.743	4.56	13:10:43.488
3	00:01:57.244	4.55	13:12:40.732
4	00:01:56.243	4.54	13:14:36.975
5	00:01:58.503	4.54	13:16:35.478
6	00:01:58.481	4.54	13:18:33.959
7	00:01:59.740	4.55	13:20:33.699
8	00:02:00.740	4.56	13:23:32.759
9	00:02:03.781	4.57	13:25:41.502
10	00:02:01.503	4.56	13:27:51.508
11	00:02:02.543	4.56	13:29:58.742
12	00:02:04.044	4.57	13:32:07.235
13	00:02:04.243	4.57	13:34:17.979
14	00:02:04.743	4.57	13:36:30.733
15	00:02:03.241	4.57	13:38:33.733

Laps: 15

Distance: 6000

Tot. Time: 00:32:04.243

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Varese

Fraction: 5

#	Lap Time	Speed	Time
1	00:02:02.994	5.07	12:10:27.209
2	00:02:05.993	5.11	12:12:33.202
3	00:02:06.743	5.13	12:14:39.945
4	00:02:05.745	5.13	12:16:45.690
5	00:02:07.235	5.14	12:18:52.925
6	00:02:07.241	5.14	12:21:00.166
7	00:02:11.742	5.17	12:23:11.908
8	00:02:13.242	5.19	12:25:25.150
9	00:02:18.742	5.22	12:27:43.892
10	00:02:18.991	5.24	12:30:02.883
11	00:02:14.252	5.25	12:32:17.135
12	00:02:08.732	5.25	12:34:25.867
13	00:02:17.742	5.26	12:36:43.609

Laps: 13

Distance: 5200

Tot. Time: 00:28:19.394

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 2

Name: Sivori

Fraction: 2

#	Lap Time	Speed	Time
1	00:01:55.241	4.48	11:10:15.655
2	00:01:48.494	4.39	11:12:04.149
3	00:01:57.491	4.44	11:14:01.640
4	00:02:01.744	4.49	11:16:03.384
5	00:02:04.491	4.53	11:18:07.875
6	00:02:07.492	4.57	11:20:15.367
7	00:02:08.742	5.01	11:22:24.109
8	00:02:21.989	5.03	11:26:36.341
9	00:02:09.751	5.02	11:28:46.092
10	00:02:08.733	5.02	11:30:54.825
11	00:02:11.243	5.02	11:33:06.068
12	00:02:09.242	5.00	11:35:15.310
13	00:02:06.761	4.59	11:37:22.071

Laps: 13

Distance: 5200

Tot. Time: 00:27:11.414

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Maratoneti Tigullio - 3

Name: Barsanti

Fraction: 8

#	Lap Time	Speed	Time
1	00:02:01.481	5.03	14:39:56.100
2	00:02:10.490	5.14	14:42:06.590
3	00:02:14.491	5.22	14:44:21.081
4	00:02:10.988	5.23	14:46:32.069
5	00:02:09.990	5.23	14:48:42.059
6	00:02:09.991	5.23	14:50:52.050
7	00:02:11.239	5.24	14:53:03.289
8	00:02:11.892	5.25	14:55:15.181
9	00:02:11.089	5.25	14:57:26.270
10	00:02:11.487	5.25	14:59:37.757
11	00:02:10.989	5.25	15:01:48.746
12	00:02:09.490	5.25	15:03:58.236
13	00:02:08.491	5.25	15:06:06.727

Laps: 13

Distance: 5200

Tot. Time: 00:28:12.108

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 1

Name: Olivi

Fraction: 1

#	Lap Time	Speed	Time
1	00:02:09.552	5.23	10:10:36.670
2	00:02:09.991	5.24	10:12:46.661
3	00:02:07.239	5.22	10:14:53.900
4	00:02:04.996	5.19	10:16:58.896
5	00:02:08.984	5.20	10:19:07.880
6	00:02:08.746	5.20	10:21:16.626
7	00:02:08.735	5.20	10:23:25.361
8	00:02:09.240	5.21	10:25:34.601
9	00:02:10.483	5.21	10:27:45.084
10	00:02:10.750	5.22	10:29:55.834
11	00:02:11.480	5.22	10:32:07.314
12	00:02:09.238	5.22	10:34:16.552
13	00:02:08.240	5.22	10:36:24.792

Laps: 13

Distance: 5200

Tot. Time: 00:27:57.674

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 1

Name: Saponaro

Fraction: 5

#	Lap Time	Speed	Time
1	00:01:50.749	4.36	12:38:35.111
2	00:02:10.723	5.01	12:40:45.834
3	00:02:19.491	5.17	12:43:05.325
4	00:02:21.991	5.26	12:45:27.316
5	00:02:25.488	5.34	12:47:52.804
6	00:02:27.976	5.40	12:50:20.780
7	00:02:30.269	5.45	12:52:51.049
8	00:02:33.244	5.49	12:55:24.293
9	00:02:33.741	5.53	12:57:58.034
10	00:02:36.489	5.57	13:00:34.523
11	00:02:38.241	6.01	13:03:12.764
12	00:02:32.491	6.02	13:05:45.255

Laps: 12

Distance: 4800

Tot. Time: 00:29:00.893

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2**Name:** Elisa**Fraction:** 6

#	Lap Time	Speed	Time
1	00:01:21.030	0.08	12:39:34.839
2	00:03:30.227	4.27	12:41:45.330
3	00:02:19.989	4.54	12:44:05.319
4	00:02:19.152	5.12	12:46:31.809
5	00:02:29.989	5.25	12:49:01.798
6	00:02:32.252	5.34	12:51:34.050
7	00:02:33.740	5.41	12:54:07.790
8	00:02:35.103	5.47	12:56:42.893
9	00:02:33.888	5.51	12:59:16.781
10	00:02:32.488	5.54	13:01:49.269
11	00:02:31.994	5.56	13:04:21.263
12	00:02:34.738	5.59	13:06:56.001

Laps: 12**Distance:** 4800**Tot. Time:** 01:34:32.436

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG

Name: Deodato

Fraction: 3

#	Lap Time	Speed	Time
1	00:01:59.235	4.58	11:08:36.163
2	00:02:25.738	5.31	11:11:01.901
3	00:02:29.741	5.45	11:13:31.642
4	00:02:23.491	5.48	11:15:55.133
5	00:02:27.991	5.53	11:18:23.124
6	00:02:31.490	5.57	11:20:54.614
7	00:02:30.241	5.59	11:23:24.855
8	00:02:31.249	6.02	11:25:56.104
9	00:02:30.730	6.03	11:28:26.834
10	00:02:37.492	6.06	11:31:04.326
11	00:02:38.239	6.09	11:33:42.565
12	00:02:38.500	6.11	11:36:21.065

Laps: 12

Distance: 4800

Tot. Time: 00:29:44.137

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: CUG**Name:** Deodato**Fraction:** 1

#	Lap Time	Speed	Time
1	00:02:24.050	6.00	10:10:51.168
2	00:02:31.989	6.10	10:13:23.157
3	00:02:36.987	6.17	10:16:00.144
4	00:02:39.988	6.23	10:18:40.132
5	00:02:35.739	6.24	10:21:15.871
6	00:02:34.738	6.24	10:23:50.609
7	00:02:34.739	6.25	10:26:25.348
8	00:02:31.480	6.24	10:28:56.828
9	00:02:32.239	6.23	10:31:29.067
10	00:02:36.736	6.24	10:34:05.803
11	00:02:31.738	6.24	10:36:37.541

Laps: 11**Distance:** 4400**Tot. Time:** 00:28:10.423

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Citta di Genova - 2

Name: Cohen

Fraction: 1

#	Lap Time	Speed	Time
1	00:02:18.051	5.45	10:10:45.169
2	00:02:29.488	5.59	10:13:14.657
3	00:02:27.489	6.02	10:15:42.146
4	00:02:27.989	6.04	10:18:10.135
5	00:02:25.988	6.04	10:20:36.123
6	00:02:25.990	6.04	10:23:02.113
7	00:02:27.739	6.05	10:25:29.852
8	00:02:32.980	6.07	10:28:02.832
9	00:02:30.490	6.08	10:30:33.322
10	00:02:32.986	6.09	10:33:06.308
11	00:02:25.238	6.09	10:35:31.546

Laps: 11

Distance: 4400

Tot. Time: 00:27:04.428

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Atletica Levante - 3

Name: Benvenuti

Fraction: 6

#	Lap Time	Speed	Time
1	00:02:01.742	5.04	12:38:45.351
2	00:02:18.981	5.25	12:41:04.332
3	00:02:28.740	5.41	12:43:33.072
4	00:02:34.749	5.52	12:46:07.821
5	00:02:36.729	6.00	12:48:44.550
6	00:02:43.000	6.08	12:51:27.550
7	00:02:45.490	6.14	12:54:13.040
8	00:02:47.997	6.20	12:57:01.037
9	00:02:49.991	6.25	12:59:51.028
10	00:02:49.738	6.29	13:02:40.766
11	00:02:46.490	6.31	13:05:27.256

Laps: 11

Distance: 4400

Tot. Time: 00:28:43.647

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

Team: Citta di Genova - 1**Name:** Ricco**Fraction:** 10

#	Lap Time	Speed	Time
1	00:02:19.229	5.04	15:09:28.472
2	00:02:13.991	5.06	15:11:42.463
3	00:02:22.198	4.50	15:12:14.661
4	00:02:11.265	4.32	15:12:25.926
5	00:02:22.240	4.20	15:16:25.933
6	00:02:19.239	4.25	15:18:45.172
7	00:02:15.741	4.29	15:21:00.913
8	00:02:24.477	4.33	15:23:25.390
9	00:02:22.240	4.37	15:25:47.630
10	00:02:27.229	4.41	15:28:14.859
11	00:02:35.486	4.45	15:30:50.345
12	00:02:32.484	4.49	15:33:22.829
13	00:02:34.236	4.53	15:35:57.065
14	00:02:39.985	4.57	15:38:37.050

Laps: 14**Distance:** 5200**Tot. Time:** 00:39:48.175

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Zena Runners**Name:** Fragnelli**Fraction:** 9

#	Lap Time	Speed	Time
1	00:01:29.225	6.12	14:09:15.732
2	00:01:52.240	5.46	14:11:07.972
3	00:01:53.245	5.13	14:13:01.217
4	00:01:51.487	5.02	14:14:52.704
5	00:01:52.739	4.56	14:16:45.443
6	00:01:49.239	4.48	14:18:34.682
7	00:01:49.742	4.46	14:21:42.211
8	00:01:51.240	4.45	14:23:33.451
9	00:01:50.757	4.45	14:25:24.208
10	00:01:51.243	4.44	14:27:15.451
11	00:01:54.994	4.43	14:29:10.445
12	00:01:51.993	4.43	14:31:02.438
13	00:01:51.743	4.42	14:32:54.181
14	00:01:51.744	4.42	14:34:45.925
15	00:01:51.003	4.41	14:36:36.928
16	00:01:51.794	4.41	14:37:47.988

Laps: 16**Distance:** 6400**Tot. Time:** 00:29:48.175

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

Team: Zena Runners

Name: Parodi

Fraction: 10

#	Lap Time	Speed	Time
1	00:01:45.941	4.26	14:38:37.530
2	00:01:55.357	4.28	14:40:22.475
3	00:01:20.912	4.24	14:42:33.588
4	00:01:50.742	4.27	14:44:24.330
5	00:01:51.240	4.27	14:46:15.570
6	00:01:52.491	4.28	14:48:08.061
7	00:01:51.492	4.27	14:49:59.553
8	00:01:49.751	4.26	14:51:49.304
9	00:01:50.231	4.27	14:53:39.535
10	00:01:50.991	4.26	14:55:30.526
11	00:01:49.742	4.25	14:57:20.268
12	00:01:51.491	4.26	14:59:11.759
13	00:01:50.241	4.27	15:01:02.000
14	00:01:52.493	4.28	15:02:54.493
15	00:01:52.239	4.28	15:04:46.732
16	00:01:49.242	4.29	15:06:35.974
17	00:01:48.243	4.29	15:08:24.217

Laps: 17

Distance: 6800

Tot. Time: 00:31:57.928

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Zena Runners

Name: Ronchetti

Fraction: 11

#	Lap Time	Speed	Time
1	00:01:40.003	4.10	14:08:48.856
2	00:01:49.733	4.22	14:10:48.097
3	00:01:50.491	4.26	14:12:52.836
4	00:01:54.992	4.32	14:14:57.826
5	00:01:54.491	4.34	14:17:01.316
6	00:01:55.492	4.37	14:19:02.057
7	00:01:55.741	4.38	14:21:03.048
8	00:01:54.231	4.39	14:23:02.288
9	00:01:53.742	4.40	14:25:02.778
10	00:01:54.990	4.40	14:27:03.020
11	00:01:54.481	4.41	14:29:05.509
12	00:01:55.740	4.42	15:31:07.503
13	00:01:54.498	4.42	15:33:07.241
14	00:01:54.479	4.42	15:35:08.231
15	00:01:53.490	4.42	14:37:08.732

Laps: 15

Distance: 6000

Tot. Time: 00:29:57.731

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE

12 x MEZZ'ORA PRIMA EDIZIONE
MANIFESTAZIONE PODISTICA IN PISTA

11

Team: Zena Runners

Name: Sanfilippo

Fraction: 12

#	Lap Time	Speed	Time
1	00:01:56.489	4.51	15:38:36.407
2	00:01:25.742	4.12	15:40:03.220
3	00:01:32.991	4.06	15:41:38.955
4	00:01:35.742	4.04	15:43:12.950
5	00:01:34.491	4.02	15:44:45.694
6	00:01:35.241	4.01	15:46:17.939
7	00:01:36.741	4.01	15:47:49.931
8	00:01:35.741	4.01	15:49:23.422
9	00:01:38.492	4.02	15:50:57.920
10	00:01:38.239	4.02	15:52:32.661
11	00:01:39.504	4.03	15:54:08.156
12	00:01:39.992	4.03	15:55:42.899
13	00:01:39.491	4.04	15:57:19.144
14	00:01:29.244	4.04	15:59:29.694
15	00:01:42.242	4.05	16:01:11.936
16	00:01:41.740	4.05	16:02:53.676
17	00:01:41.011	4.06	16:04:34.687
18	00:01:40.993	4.06	16:06:15.680
19	00:01:37.243	4.06	16:07:52.923

Laps: 19

Distance: 7600

Tot. Time: 00:31:01.369

Elaborazione dati a cura di F.I.Cr. LA SPEZIA

Note: Classifiche su <http://risultati.ficr.it/> selez. MANIFESTAZIONI VARIE