

GIRO DELLE 5 PORTE - 10Km

domenica 22 settembre 2013

pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	media
1	28	CATTANEO MAURO	MARATHON CREMONA	ITA	SM	1	00:31:45	00:31:44.15	03:10
2	47	TANZI CLAUDIO	G.S. DILETTANTISTICO ITALPOSE	ITA	SM	2	00:33:19	00:33:18.45	03:19
3	123	BARDON GIOVANNI	SORESINA RUNNING CLUB	ITA	MM35	1	00:34:22	00:34:22.50	03:26
4	98	CAPPELLI MARIO	CREMONA SPORTIVA ATL. ARVEDI	ITA	MM40	1	00:34:32	00:34:31.65	03:27
5	154	VAILATI ALAN	ATL. VIRTUS CREMA	ITA	MM40	2	00:34:53	00:34:52.10	03:29
6	163	BRECCIA GASTONE	G.P. ARREDAMENTI MAIANDI	ITA	MM50	1	00:35:05	00:35:04.50	03:30
7	51	COMENDULLI MASSIMO	CREMONA SPORTIVA ATL. ARVEDI	ITA	MM40	3	00:35:50	00:35:49.35	03:34
8	48	TIRALI MANUEL	ATLETICA LONATO-LEM ITALIA	ITA	SM	3	00:36:12	00:36:11.60	03:37
9	13	SCARATTI FABIANO	MARATHON CREMONA	ITA	MM40	4	00:36:19	00:36:18.50	03:37
10	16	MANCASTROPPA GIUSEPPE	MARATHON CREMONA	ITA	MM50	2	00:36:21	00:36:21.50	03:38
11	94	MANFREDINI MAURIZIO	CREMONA RUNNERS CLUB	ITA	MM45	1	00:36:24	00:36:23.65	03:38
12	113	GRADASCHI FEDERICO	INDIVIDUALE	ITA	TM	--	00:36:26	00:36:25.75	03:38
13	96	ROSSI CRISTIAN	CREMONA SPORTIVA ATL. ARVEDI	ITA	MM35	2	00:36:29	00:36:28.75	03:38
14	36	ROSSI FILIPPO	MARATHON CREMONA	ITA	MM35	3	00:36:31	00:36:30.95	03:39
15	103	GAGLIARDI RODOLFO	G.P. ARREDAMENTI MAIANDI	ITA	MM50	3	00:36:44	00:36:44.50	03:40
16	23	PIANTA DAVIDE	MARATHON CREMONA	ITA	SM	4	00:36:57	00:36:57.50	03:41
17	143	MACCALLI LORENZO	ATL. VIRTUS CREMA	ITA	MM45	2	00:37:09	00:37:08.35	03:42
18	49	MINGARDI MICHELE	ATLETICA LONATO-LEM ITALIA	ITA	SM	5	00:37:42	00:37:41.55	03:46
19	215	LOCARDI GISELLA	ATL. PIACENZA	ITA	SF	1	00:37:46	00:37:45.90	03:46
20	97	ZANONI MATTEO	CREMONA SPORTIVA ATLETICA ARVEDI	ITA	SM	6	00:37:49	00:37:48.95	03:46
21	50	MARIOTTI GIANLUCA	ATL. VIADANA	ITA	MM35	4	00:37:53	00:37:52.40	03:47
22	31	BONETTI ALBERTO	MARATHON CREMONA	ITA	MM45	3	00:37:54	00:37:54.50	03:47
23	166	COMI DANIELE	ATL. REBO GUSSAGO	ITA	MM40	5	00:38:08	00:38:07.45	03:48
24	100	GHIDONI MAURO	G.P. ARREDAMENTI MAIANDI	ITA	MM50	4	00:38:15	00:38:14.90	03:49
25	7	ALDOVINI MASSIMO	MARATHON CREMONA	ITA	MM40	6	00:38:19	00:38:19.50	03:49
26	155	CHITTO' THOMAS	ASD AAA GIOCO SPORT PIADENA	ITA	MM40	--	00:38:36	00:38:35.70	03:51
27	57	RIBONI AGOSTINO	BIKE & RUN	ITA	MM50	5	00:38:40	00:38:39.60	03:51
28	95	CE' MASSIMILIANO	CREMONA SPORTIVA ATL. ARVEDI	ITA	MM40	7	00:38:47	00:38:46.75	03:52
29	152	VAILATI PINUCCIO	ATL. VIRTUS CREMA	ITA	MM45	4	00:38:55	00:38:54.85	03:53
30	153	RUSSO LUCA	3C (COMP. CREMONESE CORRIDORI)	ITA	MM45	5	00:39:19	00:39:19.50	03:55
31	79	FRITTOLI ILICH	INDIVIDUALE	ITA	MM35	--	00:39:32	00:39:31.75	03:57
32	126	CUSUMANO GIANLUCA	INDIVIDUALE	ITA	MM40	--	00:39:44	00:39:43.55	03:58
33	93	CERUTI SERGIO	CREMONA RUNNERS CLUB	ITA	MM45	6	00:39:44	00:39:43.60	03:58
34	214	PELATI ELENA	C.U.S. PARMA	ITA	SF	2	00:39:45	00:39:44.70	03:58
35	114	MONFREDINI MICHELE	INDIVIDUALE	ITA	MM40	--	00:39:52	00:39:51.20	03:59
36	162	DE GENNARO FABIO	MARATHON CREMONA	ITA	MM50	6	00:39:54	00:39:53.45	03:59
37	60	BRESCIANINI GIANPAOLO	INDIVIDUALE	ITA	MM45	--	00:39:55	00:39:54.65	03:59
38	170	LORENZONI MARIA	ATLETICA 85 FAENZA	ITA	MF55	1	00:39:57	00:39:56.40	03:59
39	220	NEGRI ANNITA	G.P. VIRGILIANO	ITA	MF45	1	00:40:03	00:40:03.00	04:00
40	30	CONZADORI MARCO	MARATHON CREMONA	ITA	MM35	5	00:40:09	00:40:08.50	04:00
41	89	BELLINGERI SIMONE	3C (COMP. CREMONESE CORRIDORI)	ITA	MM40	8	00:40:22	00:40:21.45	04:02
42	160	MENGA RENATO	MARATHON CREMONA	ITA	MM40	9	00:40:27	00:40:26.15	04:02
43	128	BODINI STEFANO	INDIVIDUALE	ITA	MM40	--	00:40:27	00:40:26.20	04:02
44	42	GALLI MARCO	MARATHON CREMONA	ITA	MM45	7	00:40:29	00:40:28.95	04:02
45	11	GALLI MICHELE	MARATHON CREMONA	ITA	MM40	10	00:40:37	00:40:36.55	04:03
46	61	ARISI GIUSEPPE	G.P. VIRGILIANO	ITA	MM45	8	00:40:37	00:40:36.75	04:03
47	39	BRIGATI ALESSANDRO	MARATHON CREMONA	ITA	MM40	11	00:40:37	00:40:36.75	04:03
48	90	FAZZONE MICHELE	3C (COMP. CREMONESE CORRIDORI)	ITA	MM40	12	00:41:11	00:41:10.95	04:07
49	218	MACCOPPI LILIANA	BIKE & RUN	ITA	MF45	2	00:41:28	00:41:28.50	04:08
50	12	BIDINI MASSIMILIANO	MARATHON CREMONA	ITA	MM35	6	00:41:36	00:41:35.70	04:09
51	59	POLONINI PIETRANTONIO	ATL. DI LUMEZZANE C.S.P.	ITA	MM60	1	00:41:37	00:41:36.60	04:09
52	35	PINI DIEGO	MARATHON CREMONA	ITA	TM	1	00:41:54	00:41:53.50	04:11
53	29	DI MARZO ANTONIO	MARATHON CREMONA	ITA	MM55	1	00:41:54	00:41:53.60	04:11

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pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	media
54	140	FIAMMENGHI FRANCO	3C (COMP. CREMONESE CORRIDORI)	ITA	MM45	9	00:41:56	00:41:55.15	04:11
55	52	GERUNDI TITO	CREMONA SPORTIVA ATL. ARVEDI	ITA	MM65	1	00:41:56	00:41:55.70	04:11
56	119	ZACCHE' SIMONE	INDIVIDUALE	ITA	MM40	--	00:41:59	00:41:58.20	04:11
57	137	D'AVOSSA FEDERICO	MARATHON CREMONA	ITA	TM	2	00:42:05	00:42:04.50	04:12
58	216	PAPETTI DANIELA	ATLETICA LONATO-LEM ITALIA	ITA	SF	3	00:42:13	00:42:12.85	04:13
59	38	GOSI GIUSEPPE	MARATHON CREMONA	ITA	MM40	13	00:42:19	00:42:19.00	04:13
60	53	GROSSO CALOGERO	TEAM OTC COMO	ITA	MM40	14	00:42:23	00:42:22.50	04:14
61	70	SIENA LUIGI	INDIVIDUALE	ITA	MM50	--	00:42:28	00:42:27.40	04:14
62	3	TINELLI NERIO	MARATHON CREMONA	ITA	MM45	10	00:42:31	00:42:30.25	04:15
63	238	BAZZANI PATRIZIA	ATL. CASONE NOCETO	ITA	MF50	1	00:42:35	00:42:34.30	04:15
64	5	DOSSENA DIEGO	MARATHON CREMONA	ITA	TM	3	00:42:48	00:42:47.40	04:16
65	116	BARBIERI FABRIZIO	INDIVIDUALE	ITA	MM35	--	00:42:51	00:42:50.75	04:17
66	281	BOSCHINI CHIARA	ATLETICA 85 FAENZA	ITA	MF55	2	00:42:56	00:42:55.10	04:17
67	101	RAVASI EMILIO	G.P. ARREDAMENTI MAIANDI	ITA	MM60	2	00:42:56	00:42:55.75	04:17
68	237	GALLI FRANCESCA	G.P. ARREDAMENTI MAIANDI	ITA	MF40	1	00:42:58	00:42:57.60	04:17
69	151	MONFARDINI STEFANO	MARATHON CREMONA	ITA	MM50	7	00:43:00	00:42:59.75	04:17
70	54	LOMBARDO GIOVANNI	TEAM OTC COMO	ITA	MM40	15	00:43:03	00:43:02.85	04:18
71	173	MONTI GIANLUCA	INDIVIDUALE	ITA	MM40	--	00:43:08	00:43:07.35	04:18
72	236	GALLI BARBARA	G.P. ARREDAMENTI MAIANDI	ITA	MF40	2	00:43:12	00:43:11.50	04:19
73	135	SUDATI ALAN PAOLO	INDIVIDUALE	ITA	TM	--	00:43:13	00:43:12.10	04:19
74	134	GORINI FAUSTO	INDIVIDUALE	ITA	MM35	--	00:43:21	00:43:20.40	04:20
75	118	BOTTARELLI DIEGO	TRIATHLON CREMONA STRADIVARI S	ITA	MM40	16	00:43:32	00:43:31.50	04:21
76	19	BOSETTI MATTEO	MARATHON CREMONA	ITA	TM	4	00:43:36	00:43:35.50	04:21
77	105	MICHELI LUIGI	SORESINA RUNNING CLUB	ITA	MM40	17	00:43:49	00:43:48.95	04:22
78	44	LONGHI MARTINO	MARATHON CREMONA	ITA	MM60	3	00:43:49	00:43:48.95	04:22
79	41	TONGHINI ROSOLINO	MARATHON CREMONA	ITA	MM50	8	00:43:52	00:43:51.10	04:23
80	33	NIZIOLI RAFFAELE	MARATHON CREMONA	ITA	MM65	2	00:43:55	00:43:55.00	04:23
81	158	BONETTA ANGELO	MARATHON CREMONA	ITA	MM45	11	00:43:58	00:43:57.15	04:23
82	129	MORETTI ISIDORO	INDIVIDUALE	ITA	MM40	--	00:43:58	00:43:57.20	04:23
83	17	ATTANASIO GIANANGELO	MARATHON CREMONA	ITA	MM50	9	00:43:58	00:43:57.65	04:23
84	6	GEROLDI ALAN ANTONIO	MARATHON CREMONA	ITA	MM35	7	00:43:59	00:43:58.30	04:23
85	91	BERTUCCIOLI EMANUELE	3C (COMP. CREMONESE CORRIDORI)	ITA	MM45	12	00:44:04	00:44:03.80	04:24
86	227	RUGGERI GIOVANNA	U.S.SCOIATTOLI	ITA	MF50	--	00:44:06	00:44:05.65	04:24
87	10	BADINELLI ANGELO	MARATHON CREMONA	ITA	PM	1	00:44:12	00:44:12.50	04:25
88	132	VIALLI GIOVANNI	INDIVIDUALE	ITA	MM55	--	00:44:17	00:44:16.20	04:25
89	164	DOTTORELLO VINCENZO	C.U.S. PARMA	ITA	MM65	3	00:44:28	00:44:27.10	04:26
90	156	ANTONICELLI PASQUALE	AMATORI ATL. CASORATE S.	ITA	MM55	2	00:44:29	00:44:29.50	04:26
91	139	PASCALE COSTABILE	3C (COMP. CREMONESE CORRIDORI)	ITA	MM40	18	00:44:31	00:44:30.15	04:27
92	106	POLI GIOVANNI	TRIATHLON DUATHLON CREMONA	ITA	MM50	10	00:44:31	00:44:30.75	04:27
93	75	MILANESI GIORGIO	U.S.SCOIATTOLI	ITA	MM55	--	00:44:46	00:44:45.20	04:28
94	86	TOSINI MARCELLINO	3C (COMP. CREMONESE CORRIDORI)	ITA	MM45	13	00:44:46	00:44:45.50	04:28
95	110	BONSERI CARLO ALBERTO	INDIVIDUALE	ITA	TM	--	00:44:50	00:44:50.50	04:29
96	136	ALOVISI GABRIELE	MARATHON CREMONA	ITA	MM50	11	00:44:51	00:44:50.75	04:29
97	84	ZANIBONI MASSIMO	3C (COMP. CREMONESE CORRIDORI)	ITA	MM45	14	00:45:05	00:45:04.95	04:30
98	142	CIGOLI GIANLUIGI	G.P. ARREDAMENTI MAIANDI	ITA	MM45	15	00:45:08	00:45:08.50	04:30
99	161	LENZI ERVINO	SORESINA RUNNING CLUB	ITA	MM45	16	00:45:10	00:45:09.55	04:30
100	21	GENNARI ALBERTO	MARATHON CREMONA	ITA	MM60	4	00:45:14	00:45:13.80	04:31
101	277	BONARDI CLAUDIA	MARATHON CREMONA	ITA	TF	1	00:45:19	00:45:18.15	04:31
102	117	STEFANINI MAURIZIO	SORESINA RUNNING CLUB	ITA	MM45	17	00:45:22	00:45:21.90	04:32
103	167	BATARU FANEL	INDIVIDUALE	ITA	MM40	--	00:45:48	00:45:47.60	04:34
104	43	ALQUATI ROBERTO	MARATHON CREMONA	ITA	MM40	19	00:45:55	00:45:54.45	04:35
105	82	CARRI MIRKO	INDIVIDUALE	ITA	MM35	--	00:45:59	00:45:58.15	04:35
106	205	BREGU BLERINA	MARATHON CREMONA	ITA	MF35	1	00:45:59	00:45:58.75	04:35

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107	231	VALBUENA ELENA BEATRIZ	3C (COMP. CREMONESE CORRIDORI)	ITA	TF	2	00:46:07	00:46:06.85	04:36
108	141	SPOTTI WALTER	3C (COMP. CREMONESE CORRIDORI)	ITA	MM45	18	00:46:07	00:46:06.95	04:36
109	124	DE ROCCO ROBERTO	G.S. S.ANGELA AVIS DESENZANO	ITA	MM45	19	00:46:10	00:46:09.30	04:36
110	177	BASSI ALESSANDRO	3C (COMP. CREMONESE CORRIDORI)	ITA	MM45	20	00:46:14	00:46:13.15	04:37
111	157	PINI LUIGI	INDIVIDUALE	ITA	MM60	--	00:46:15	00:46:14.60	04:37
112	45	TAINO PAOLO	MARATHON CREMONA	ITA	MM40	20	00:46:16	00:46:15.95	04:37
113	130	ARCARI GIANMARIO	INDIVIDUALE	ITA	MM40	--	00:46:19	00:46:18.15	04:37
114	56	ZANINI PAOLO	UISP CREMONA	ITA	MM35	--	00:46:19	00:46:18.20	04:37
115	20	RIZZI ANNIBALE	MARATHON CREMONA	ITA	MM55	3	00:46:40	00:46:39.60	04:39
116	219	CIMASCHI ANTONELLA	ATL. DI LUMEZZANE C.S.P.	ITA	MF55	3	00:46:49	00:46:48.55	04:40
117	4	CERETTI CLAUDIO	MARATHON CREMONA	ITA	MM35	8	00:46:50	00:46:49.55	04:40
118	127	BAZZANI FRANCESCO	TD. CREMONA CSI	ITA	MM50	--	00:46:55	00:46:54.40	04:41
119	9	FRITTOLI PAOLO	MARATHON CREMONA	ITA	MM45	21	00:46:56	00:46:55.60	04:41
120	71	COMPIANI PIETRO	INDIVIDUALE	ITA	MM45	--	00:46:57	00:46:56.85	04:41
121	165	MANCABELLI GIANCARLO	INDIVIDUALE	ITA	MM60	--	00:47:03	00:47:02.30	04:42
122	32	GALLI MARCO	MARATHON CREMONA	ITA	MM45	22	00:47:14	00:47:13.50	04:43
123	77	REBECCHI MASSIMO	INDIVIDUALE	ITA	MM50	--	00:47:14	00:47:13.70	04:43
124	85	PIETROGRANDE GIOVANNI	3C (COMP. CREMONESE CORRIDORI)	ITA	TM	5	00:47:21	00:47:20.30	04:44
125	14	RAFFI GIOVANNI	MARATHON CREMONA	ITA	MM50	12	00:47:22	00:47:21.45	04:44
126	280	CERUTI MAURIZIA	MARATHON CREMONA	ITA	MF35	2	00:47:24	00:47:23.75	04:44
127	172	CODAZZI DIEGO	INDIVIDUALE	ITA	TM	--	00:47:27	00:47:26.15	04:44
128	8	PASSONI LORENZO	MARATHON CREMONA	ITA	MM45	23	00:47:28	00:47:27.45	04:44
129	207	GATTI DANIELA	MARATHON CREMONA	ITA	MF50	2	00:47:28	00:47:27.70	04:44
130	138	LUPI GIANCARLO	MARATHON CREMONA	ITA	MM40	21	00:47:49	00:47:48.25	04:46
131	40	GUADAGNOLI ALBERTO	MARATHON CREMONA	ITA	MM55	4	00:47:49	00:47:48.45	04:46
132	111	PAROLINI ANDREA	INDIVIDUALE	ITA	MM45	--	00:47:54	00:47:53.55	04:47
133	55	GOZZETTI CORRADO	A.A.A. GIOCO SPORT PIADENA	ITA	MM35	--	00:48:04	00:48:03.30	04:48
134	120	FERRARI GABRIELE	INDIVIDUALE	ITA	MM50	--	00:48:14	00:48:13.40	04:49
135	62	BASSI CLAUDIO	INDIVIDUALE	ITA	MM45	--	00:48:17	00:48:16.45	04:49
136	78	BERTOLETTI PIERLUIGI	INDIVIDUALE	ITA	MM50	--	00:48:19	00:48:18.90	04:49
137	210	CORBANI FRANCESCA	MARATHON CREMONA	ITA	TF	3	00:48:28	00:48:27.15	04:50
138	109	MANZONI LUCIANO	ATL. OGLIESE PALAZZOLO S/O	ITA	MM65	4	00:48:44	00:48:43.90	04:52
139	18	LODIGIANI SIMONE	MARATHON CREMONA	ITA	MM35	9	00:48:50	00:48:49.85	04:52
140	74	RAVASI GABRIELE	INDIVIDUALE	ITA	TM	--	00:48:58	00:48:57.65	04:53
141	69	IVALDI ROBERTO	INDIVIDUALE	ITA	MM45	--	00:49:04	00:49:03.55	04:54
142	250	GHIGGI CHIARA	MARATHON CREMONA	ITA	TF	4	00:49:32	00:49:31.95	04:57
143	283	MONDINI GIOVANNA	MARATHON CREMONA	ITA	MF65	1	00:49:40	00:49:39.10	04:57
144	171	CARUBELLI GIUSEPPE	INDIVIDUALE	ITA	MM45	--	00:49:41	00:49:40.80	04:58
145	249	BONGIOVANNI FEDERICA	MARATHON CREMONA	ITA	TF	5	00:49:49	00:49:48.75	04:58
146	206	ALQUATI LAILA	MARATHON CREMONA	ITA	MF55	4	00:49:50	00:49:49.10	04:58
147	15	FORNACIARI FRANCO	MARATHON CREMONA	ITA	MM55	5	00:50:03	00:50:02.30	05:00
148	239	CASALI TIZIANA	INDIVIDUALE	ITA	MF40	--	00:50:04	00:50:04.50	05:00
149	115	TREMOLADA LUCA	INDIVIDUALE	ITA	MM40	--	00:50:04	00:50:04.50	05:00
150	122	FRANZINI CLAUDIO	G.P. ARREDAMENTI MAIANDI	ITA	MM60	5	00:50:06	00:50:05.30	05:00
151	278	ARDEMAGNI RITA	MARATHON CREMONA	ITA	MF50	3	00:50:22	00:50:21.95	05:02
152	121	BELLARDI MARCO	G.P. ARREDAMENTI MAIANDI	ITA	MM40	22	00:50:32	00:50:31.30	05:03
153	211	TOSI ERIKA	MARATHON CREMONA	ITA	TF	6	00:50:48	00:50:48.50	05:04
154	112	EVERET ALEXANDRO DEBLIS	INDIVIDUALE	ITA	MM35	--	00:50:57	00:50:56.50	05:05
155	168	DI LAURO MARCO	CREMONA RUNNERS CLUB	ITA	MM40	23	00:51:04	00:51:03.10	05:06
156	58	BANI ALESSANDRO	ATLETICA LONATO-LEM ITALIA	ITA	TM	6	00:51:06	00:51:05.50	05:06
157	67	LODIGIANI LUCA	INDIVIDUALE	ITA	MM40	--	00:51:09	00:51:08.75	05:06
158	66	MORELLI GIUSEPPE	INDIVIDUALE	ITA	MM40	--	00:51:12	00:51:11.85	05:07
159	144	BOARI GIANCARLO	DLF CREMONA	ITA	MM60	--	00:51:19	00:51:18.40	05:07

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160	2	BODINI GIORGIO	MARATHON CREMONA	ITA	MM50	13	00:51:27	00:51:26.35	05:08
161	178	CASALI GIUSEPPE	UISP	ITA	MM55	--	00:51:30	00:51:29.35	05:08
162	159	CASALI FRANCESCO	UISP	ITA	MM50	--	00:51:30	00:51:29.55	05:08
163	72	ZANIBONI MARCO	INDIVIDUALE	ITA	MM35	--	00:51:41	00:51:40.15	05:10
164	240	BENAZZI MARA	3C (COMP. CREMONESE CORRIDORI)	ITA	MF40	3	00:51:45	00:51:44.20	05:10
165	169	FOGLIAZZA MARCO	INDIVIDUALE	ITA	MM40	--	00:52:00	00:51:59.80	05:11
166	225	DAMIANO OFELIA	INDIVIDUALE	ITA	MF45	--	00:52:01	00:52:00.15	05:12
167	245	FINETTI MARA	INDIVIDUALE	ITA	MF40	--	00:52:01	00:52:00.15	05:12
168	108	FIORINI GIANBATTISTA	ATL. CARPENEDOLO	ITA	MM70	1	00:52:23	00:52:22.35	05:14
169	246	SCAGLIA BARBARA	INDIVIDUALE	ITA	MF35	--	00:53:11	00:53:10.65	05:19
170	26	GUINDANI DAVIDE	MARATHON CREMONA	ITA	MM40	24	00:53:15	00:53:14.80	05:19
171	63	AGAZZI GIANFRANCO	INDIVIDUALE	ITA	MM45	--	00:53:17	00:53:16.55	05:19
172	174	MURELLI FRANCO	3C (COMP. CREMONESE CORRIDORI)	ITA	MM40	25	00:53:39	00:53:38.80	05:21
173	80	NEGRI ROMEO	A.G.F.	ITA	MM45	--	00:53:42	00:53:41.75	05:22
174	179	BOMBELLI LEO CESARE	INDIVIDUALE	ITA	TM	--	00:54:06	00:54:05.90	05:24
175	65	TEDOLDI CLAUDIO	INDIVIDUALE	ITA	MM45	--	00:54:11	00:54:10.80	05:25
176	235	CERIALI ANNAMARIA	3C (COMP. CREMONESE CORRIDORI)	ITA	MF45	3	00:54:20	00:54:20.00	05:26
177	87	BORSELLA MARCO	3C (COMP. CREMONESE CORRIDORI)	ITA	MM45	24	00:54:21	00:54:20.15	05:26
178	88	PINARDI LUCA	3C (COMP. CREMONESE CORRIDORI)	ITA	MM35	10	00:54:21	00:54:20.95	05:26
179	243	DILDA ELISABETTA	INDIVIDUALE	ITA	MF40	--	00:54:31	00:54:30.50	05:27
180	232	BASSANETTI SANTINA	3C (COMP. CREMONESE CORRIDORI)	ITA	MF45	4	00:54:31	00:54:30.65	05:27
181	27	BERTOLDI ROBERTO	MARATHON CREMONA	ITA	MM60	6	00:54:31	00:54:30.95	05:27
182	276	TINELLI PAOLA	MARATHON CREMONA	ITA	MF45	5	00:54:31	00:54:31.50	05:27
183	209	ANTONIETTI SIMONA	MARATHON CREMONA	ITA	MF40	4	00:54:32	00:54:31.20	05:27
184	208	MIRELLI ROBERTA	MARATHON CREMONA	ITA	MF35	3	00:54:32	00:54:31.35	05:27
185	175	BELTRAMI MASSIMILIANO	INDIVIDUALE	ITA	MM55	--	00:54:33	00:54:32.25	05:27
186	81	CAPPELLI RINO	INDIVIDUALE	ITA	MM35	--	00:54:41	00:54:40.95	05:28
187	234	GARINI MARIA ELENA	3C (COMP. CREMONESE CORRIDORI)	ITA	MF45	6	00:54:57	00:54:56.85	05:29
188	241	MARCA GRETA	INDIVIDUALE	ITA	MF35	--	00:54:57	00:54:56.95	05:29
189	73	MUSONI BRUNO	INDIVIDUALE	ITA	MM70	--	00:55:06	00:55:05.40	05:30
190	252	COPPOLA ILARIA	CPC UISP	ITA	MF40	--	00:55:19	00:55:18.45	05:31
191	223	CREMONA VIVIANA	INDIVIDUALE	ITA	MF45	--	00:55:21	00:55:20.55	05:32
192	204	BERGAMASCHI PAOLA	MARATHON CREMONA	ITA	MF45	7	00:55:41	00:55:40.40	05:34
193	279	BONVINI DAJANA	MARATHON CREMONA	ITA	MF35	4	00:55:41	00:55:40.45	05:34
194	244	MICHELINO CHIARA	INDIVIDUALE	ITA	TF	--	00:55:54	00:55:54.00	05:35
195	226	LODIGIANI MONICA	UISP	ITA	MF40	--	00:56:29	00:56:28.20	05:38
196	76	FROSI MARIO	INDIVIDUALE	ITA	MM35	--	00:56:29	00:56:28.30	05:38
197	247	MARCHIORI CATERINA	INDIVIDUALE	ITA	MF40	--	00:56:31	00:56:30.25	05:39
198	68	PALLAVICINI LEONARDO	INDIVIDUALE	ITA	MM40	--	00:56:41	00:56:40.90	05:40
199	230	ARIOSTO LUCIA COLTURA	C.P.C.	ITA	TF	--	00:57:04	00:57:03.35	05:42
200	34	NICOLINI GIANFRANCESCO	MARATHON CREMONA	ITA	MM55	6	00:57:21	00:57:20.65	05:44
201	282	SPIGAROLI ANNA LIVIA	INDIVIDUALE	ITA	MF40	--	00:59:00	00:58:59.30	05:53
202	224	FONTANA CRISTINA	INDIVIDUALE	ITA	MF50	--	00:59:12	00:59:11.75	05:55
203	248	ARCARI GRAZIELLA SERENA	MARATHON CREMONA	ITA	MF35	5	00:59:35	00:59:34.15	05:57
204	131	VAGNOTTI JARI	INDIVIDUALE	ITA	MM35	--	01:01:03	01:01:02.90	06:06
205	203	AGAZZI CRISTINA	MARATHON CREMONA	ITA	MF45	8	01:01:45	01:01:44.90	06:10
206	217	UGGERI FEDERICA	INDIVIDUALE	ITA	MF35	--	01:01:45	01:01:45.00	06:10
207	222	CASALINI LAURA	INDIVIDUALE	ITA	TF	--	01:01:46	01:01:45.10	06:10
208	133	VICINI GIANFRANCO	INDIVIDUALE	ITA	MM55	--	01:01:57	01:01:56.95	06:11
209	64	BASAGLIA LORIS	INDIVIDUALE	ITA	MM45	--	01:02:31	01:02:30.85	06:15
210	229	DI SECLI' LETIZIA	INDIVIDUALE	ITA	MF40	--	01:03:03	01:03:02.60	06:18
211	242	STRINGHINI ALIDA	INDIVIDUALE	ITA	MF40	--	01:04:36	01:04:35.45	06:27
212	202	GARATTI ANGIOLINA	MARATHON CREMONA	ITA	MF50	4	01:07:45	01:07:44.95	06:46

GIRO DELLE 5 PORTE - 10Km

domenica 22 settembre 2013

pos	pett	nome	team	naz	cat	pos	t.gara	t.reale	media
213	251	DA SILVA CAMILADRIANA	3C (COMP. CREMONESE CORRIDORI)	ITA	TF	7	01:10:57	01:10:56.20	07:05
214	221	MONDONI ANNAMARIA	3C (COMP. CREMONESE CORRIDORI)	ITA	MF35	6	01:13:08	01:13:07.90	07:18
215	125	COMPAGNONI GERMANO	INDIVIDUALE	ITA	MM50	--	01:13:08	01:13:08.00	07:18